

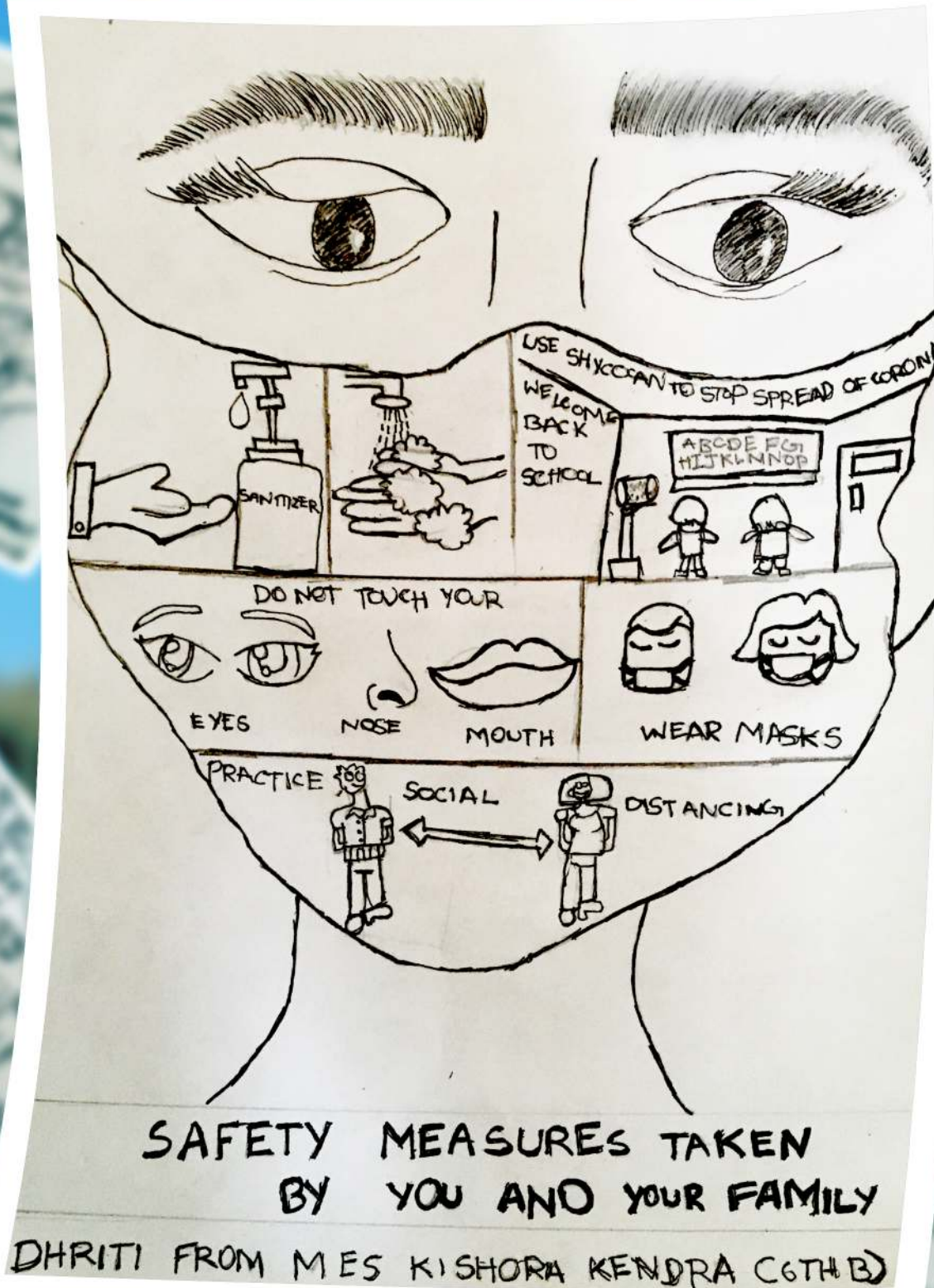


MANDAYAM NEWS

News magazine of Mandayam Srivaishnava Sabha ®

Quarterly Magazine

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EDITORIAL TEAM

Aryashree Narayan, Indu, Kala Srikanth, Kamala Madhu, MAN Prasad, Rekha Rangaswamy, Ramya Srivas

Note from President

SRIMATHE RAMANUJAYA NAMAHA

Dear All,

Winston Churchill said - "A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty." This quote holds true especially in today's time when the year 2020 was a hard one and year 2021 seems no different.

Mandayam Sabha Members, taking a leaf out of this quote, have grabbed the opportunities - most prominently undergoing complete DIGITAL TRANSFORMATION. Cultural activities went digital with a plethora of activities every week. The Annual meet stayed true to the sense of bringing people together with the participation of Mandayam Iyengars across the world, and the performances watched by a global audience. Hats off to the great achievement by the Cultural Team and its Head - Rajani Rajesh!

Iyengars are known for their knowledge and we do excel in acquiring it. The knowledge attained by our ancestors is archived in the Mandayam Digital Library. Over 800 books have been painstakingly retrieved from nooks and corners of the internet or physical books borrowed from the family / friends. The digitized library is a treasure trove for our community. Hats off to Sri Sridhar Govindraj for the efforts and Sri Mathre Rangaraj for mentoring. Browse <https://mdl.mandayamsabha.in/> to know the expanse of work done.

Vamshaparampara Software, designed and developed by the Genealogy team, captures the family tree, hobbies, interests, professions, educational qualifications of the community members. This application, pertaining only to Mandayam Iyengars across the globe, provides an insight about our forefathers, our key strengths & capabilities. Access to a large network of our own people, and the demographic profile of our community, helps to forge ahead in developing or working with new thoughts and ideas. Click on <http://vamsha.mandayamsabha.in/user> to add your family details! Hats off to the entire team of volunteers and Smt. Radha Rangaraj who initiated the data collection with a survey! The project is spearheaded by Sri M A Parthasarathy, Sri Sridhar Mandayam and Sri M K Narayan.

Kudos to the newsletter team! They have kept the digitization trend going and introduced new features as well. Hope you will all like it.

Keep in touch and write to mdsnarayan@gmail.com for any information or feedback.

Be safe and Stay healthy

Warm Regards

M D Seshnarayan

Editor's Note

Hi Everyone,

It has been truly a long time since we published the Mandayam News. With most normal activities being washed out in the year 2020, the Newsletter also went to the backburner; especially since we were not sure how Mandayamsabha activities will pan out. However, once the Cultural team got into the gear, it was a continuously flowing stream. From April 2020 to July 2021, the weekly online cultural capsules and annual programs of 2020 have been uploaded for worldwide viewing.

Though the year 2021 began with a difference, there came another series of lockdowns. While we waited out the first wave, we decided not to wait any further for the next edition of the newsletter. Not just frontline warriors, people across age groups and professions - students, teachers, doctors - fresh or experienced, homemakers - had varied experiences of this sudden pause to "normal" life. We invited everyone to share how COVID-19 had affected them, and we received approximately 15 articles - one of the highlights of this issue. Thanks to all the authors! A big thank you to Indu, who did all the follow up, compilation and review

Classifieds section has been deliberately omitted in this issue. With so many members of our community attaining Paramapadam, we do not wish to make any errors in publishing the details. Since activities of the Sabha office have also turned virtual, the collation of data of other events has not been

complete and may not be accurate. The entire section will get a digital overhaul shortly, to overcome these.

Keeping up with the trend and need of being Digital, The Mandayam News is completely digital and a new version is being hosted on www.mandayamsabha.in. Thanks to Srirangarajan NC for making this happen, and helping with the other digital forms too. The avada - wordpress template, selected by Sri M A Parthasarathy, ensures that design elements of the newsletter integrate well with the design of the Sabha website.

You may

1. Download the document (.pdf) and read at leisure on your devices or print out a hard copy to read - available under files section in Mandayam Community Group on Facebook, circulated in mandayamsabha email group and Whatsapp groups, on the website www.mandayamsabha.in

2. The Mandayam News is also now readable as a book - online at <https://mandayamsabha.in/category/newsletter/aug-2021> and share with us your feedback.

As always, write to mandayamnews@gmail.com with your feedback or for any contributions.

Happy Reading!!

Regards

Rekha Rangaswamy (Editor)

EVENTS & ACTIVITIES

Yathiraja Tirunakshatra Vaibhavam

The latest in the series of online cultural programs from the Mandayam Srivaishnava Sabha, Sri Ramanuja Vaibhavam 2021 premiered on 29th and 30th of May 2021, on the Mandayam Sabha's YouTube channel.



Kum. Anagha (Manegar Family) compeered the first day's program, which began with an invocation by Kum. Swadhaa (Nayakar family). Next was the President's address by Col.M.D.Sheshanarayan. Sri Sudarshana Prasad (Jaggu family) recited the Sharanagathi Gadya, Sriranga Gadya and Vaikuntha Gadya. Anjana and Swathi (Devashikhamani family) performed the Narasimha Kouthuvam Nrithyam, depicting the angry and affectionate faces of Lord Narasimha. The first day's capsule's finale was the song by Kum. Anagha.



Compeer of the second day, Chi. Vishal (Giddayyan family) began

the program with a shloka. Smt. Saraswathi (Veerambudhi family) described the beauty of Ramanujacharya, and about his parents and teacher, through a song. Shelvapillai showed the Dashavatar to Sri

Ramanujacharya in Melukote. This was depicted through a dance by Kum. Aditi Sarathy (Mandayam Kope family), Kum. Shreya Balaji and Smt. Ranjini (Mandayam Annadorai family). Smt. Prasidhya (Mandayam Shamarayar family) sang about the kind helpful nature of Sri Ramanujacharya. Followed by Mangalashaasanam by Smt. Saraswathi. Viewers were then treated to the Shathumarai of the Lord performed by Sri Sudarshana Prasad, who also recited the shlokas composed by Lakshmidasar. The Vote of Thanks was rendered by Sri Ravi Narasimhan, secretary to the Sabha.

It is heartening to note the increasing interest and participation of youngsters in the activities of the sabha, both in front of and behind the camera. The young compeers spoke in fluent Mandayam tamil. Most of the work behind the camera, including the videography and editing has been by youngsters of the community. The Sabha looks forward to continued and increased participation of community members in all future activities.

2020 North American Mandayams Virtual Meet

The first ever North American(NA) Mandayams Virtual Meet 2020 held on 21 November, 2020 was a grand success!

This was a maiden effort by the NA Mandayams organization to bring together the entire North American Mandayam community virtually. The current Covid related restrictions proved a blessing in disguise and helped in uniting the community across North America (living in SF Bay Area, Los Angeles/San Diego, Texas, New York/New Jersey, Vancouver, Canada), and India.

The event was live-streamed on YouTube by Bay Area based Mandayam Sri.Koushik Kothagal. Kaushik hosted a very lively and interactive program with a quiz on SriVaishnava Sampradaya in between programs. Overall the event was very well received and appreciated by audiences from all over the world.

Event Facts:

The entire event being almost 4 hrs long comprised of 30+ programs, and included participation from around 20 Adults, 35 kids, and teens. It included cross border (USA & Canada), and cross country (USA & India) collaborations. The programs were a delightful mix of tradition (depicting Bhagvad Ramanuja, Divyadesams, Shlokams etc), classical & contemporary dance (Bharatanatyam, Kathak, Fusion), comedy musical skit, magic show and a multitude of classical Indian and Western/Jazz musicals/recitals using instruments such as: vocals, violin, piano, saxophone and more. On top of that there were also educational commentaries about things such as DIY MaNay making. There were interesting anecdotes related to what went on Behind the Scenes of making the videos, and fun facts.

Sincerely,
NA Mandayams Board



Virtual Events of the Sabha

Movement restrictions, like the current generations have never experienced before, and the frequent lockdowns have left humankind longing for social interactions that we earlier took for granted. Our frequent meetings at the various gatherings like social and religious meetings, personal functions and of course the Sabha events have been suspended.

Recognising that the community is unable to meet and greet, which would foster greater bonding among the members, the Mandayam Srivaishnava Sabha has been conducting varied virtual activities. The cultural events team has worked hard all year long to invite performers and showcase their talents through videos, the virtual version of the regular annual events of the Sabha.

HOUSIE Tournament

But interaction is always greater when there is participation in games and sports. So now, the physical sports events have been replaced by virtual games. Latest in this series was the Housie organised by Lakshmi Ammanjee and team on 6th June 2021. The notification was sent a couple of days earlier, with a short time frame to register and pay for the tickets. A separate temporary Whatsapp group was created for communication among participants, and virtual tickets were distributed a day prior to the tournament.

As the participants 'ZOOM'ed into the event, the organizers began with explaining rules of the game. And then they began calling the numbers. Clarity was provided both orally and by way of sharing a spreadsheet where the called numbers were typed in order. As the numbers were crossed out on the tickets, the participants called when they qualified for the prizes. Apart from the usual 'Jaldi 5', '4 Corners', each row, 2 prizes for the fullhouse, winners were also declared for "Caught In The Middle" – crossing out the middle 3 numbers in all 3 rows.



Though the post-games coffee and snacks were savoured individually at their own homes, the participants enjoyed themselves thoroughly. Kudos to Lakshmi Ammanjee, and the team of organisers, who conducted the game smoothly. Special thanks to Smt. Vijaya SChar and Sri. Srivas SChar, who sponsored part of the prize money.

Culinary Skills on Display

With ladies dishing out delicious recipes and posting the pictures of the same on the Whatsapp group, Smt. Radha Rangarajan, Smt. Rekha Badri and Smt. Lakshmi Ammanjee decided to take it a step further and invited videos of their culinary skills on the theme of Parata/Rotti/Roti/Tortillas in any cuisine.

About 8 participants posted eye-catching videos of about 3 min duration in the group on 13th and 14th June 2021, inspiring all other members to try out the delicious recipes in their own kitchens. The kitchen queens were all happy to display their culinary skills and share their recipes with the large group. Thanks to the organisers for this opportunity. As one of the participants said – "Age is just a number and learning is forever"

Inspired by this event, the Nala Maharajas of the community were invited to display their cookery skills through videos of making Dosas. Despite being sent to a wider audience, the number of participants was fewer for the submissions on 27th June 2021. However, each one of them submitted delicious looking dishes and viewers were left with their mouth watering.

Both events achieved an important aim of the Sabha - participants of all ages from young kids to grandparents! Looking forward to more virtual interactions and events that make the virtual 'Home Arrest' times more ENJOYABLE!



SPOTLIGHT

Guinness World Record – M.A. Ranganath



Sri M.A. Ranganath participated in the virtual Artificial Intelligence (AI) Symposium, organised by The Indian Youth Forum in collaboration with INTEL, on the journey of AI and its reach in the last 3 – 4 decades, and helped India to create a GUINNESS WORLD RECORD for most users to take an online AI lesson in 24 hours.

The session included a video presentation followed by a Question and Answers section after each module on the 13th /14th October, 2020. Sri M.A. Ranganath, who is an evergreen youth in mind, had earlier exposure on this topic and hence was an eager participant in the symposium which also covered aspects likely to change the tech scenario in the next decade. This program was a part of skill development program for the youth by the Government of India.

Young Doctor(ate) – Navaneeth Makaram



Congratulations to Chi. Navaneethakrishna Makaram who completed successfully doctorate from Indian Institute Of Technology Madras (IITM), Chennai, under the guidance of Head of the Department and Prof. N. Ramakrishnan, Applied Mechanics

Services During Pandemic – MKT Narayan



Sri. MKT Narayan, Head of the Disaster Management team, Bangalore South, was recognized and felicitated by the Rotary Club Bangalore City Centre, for his outstanding services during the COVID-19 pandemic.

He heads the Home Quarantine Management Squad of Bengaluru South zone, which constitutes a total of 44 BBMP wards. Among other responsibilities, this squad monitors people entering the zone from outside of Bengaluru. The persons tested Positive for Covid are ascertained to remain quarantined for the stipulated period of time, and Sri Narayan is authorised to take action on any breach, as per the NDMA (National Disaster Management Authority) Act on the person/persons.

A sincere, hard worker, as well as a strong team leader and a motivational team member, he has inspired many of his colleagues and juniors.

Bhakthi Songs Compilation–Smt. Ranganayaki Rajan

Smt. Ranganayaki Rajan was an amazing musician with outreach in India, USA, Canada, Europe and Dubai. To preserve her legacy, the following compilation of her songs have been created.

1. Bhakthi Marga - Smt. Ranganayaki Rajan's mission in life was to spread Bhakthi through music. Her rendition of songs such as Jagadodharana, Raghupathi Raghava, Vandemataram, Chikkavane, and others is available on <https://www.youtube.com/watch?v=SYOM1h2B1UU>
2. Bhakthiya Sampathu – Songs composed by her mother, Late Smt. Rajamma Sampath Iyengar, and sung by Smt. Ranganayaki Rajan is available at <https://www.youtube.com/watch?v=A2b3cAol4yo>



Eco-Friendly Agricultural Practices 'Nanjangud Rasabaale Hannu' cultivation in Melkote

- M. A. Narsimhan

Agricultural Profession is by and large fraught with uncertainty and a range of issues such as dependence on weather, water and power availability etc. Such issues are mostly overcome by planned practices developed over the years. However, a very striking issue is the attack by various pests, viruses etc. which lead to the very destruction of well cultivated crops.

One such issue is an attack of "Panama Wilt" on 'Nanajangud Rasabalehannu' (a well-known variety of banana), mainly grown in Nanjangud and Chamarajnagar Taluks, near Mysore.

What is Panama Wilt disease?

The Panama Wilt disease, a fungal infection caused by the *Fusarium Wilt* pathogen, has been the bane of 'Rasabale' (Banana) farmers. The symptoms of the disease aggravate and start showing up just before the flowering stage. The leaves turn yellow and wither, the base of the stem splits and the roots rot, destroying the whole plant.

Panama disease (or *Fusarium wilt*) is a plant disease that infects banana plants (*Musa spp.*). It is a wilting disease caused by the fungus *Fusarium oxysporum f. sp. cubense* (Foc). The pathogen is resistant to fungicides and its control is limited to phytosanitary measures.[1] (From Wikipedia, the free encyclopedia).

Nanjangudu Rasabalehannu

Many of us, particularly people from outside of Karnataka state, would not have heard of 'Nanjangudu Rasabalehannu'. It is a particular choice variety of banana grown especially in and around Nanjanagudu, near Mysore. Nanjangud rasabale is one of the iconic fruits of the old Mysore region and is considered to be Mysore's pride. It is distinct in taste and aroma unmatched to any other variety. It is reputedly a luscious fruit loaded with nutrients and is also said to be the best banana variety in the world.

The banana is said to have been patronised by Wadiyars, the

erstwhile ruling family of Mysore and many other prominent public personalities. Now this famous banana is on the verge of the extinction due to the Panama Wilt disease. Though the fruit is in demand, due to adverse impact of the Panama Wilt disease, farmers are averse to growing it.

Owing to the specific qualities that are due to the place of origin (taste, smell and pulp quality), the Nanjangud Rasabale was given the Geographical Indication (GI) protection in 2005 under the Geographical Indication of Goods (Registration and Protection) Act, 1999. It was hoped that inclusion in the GI registry would give renewed impetus to its cultivation. The slump began when water from the Kabini dam was used for irrigation instead of the rainwater pond in the village. Since then, Rasabale farmers have shifted to growing other varieties of banana like the 'Yelakki Bale' and 'Pach Bale'. The pathogen stays in the soil for 30 years once it gets affected. The 'suckers' or the lateral shoots of the parent plant used as planting material can further propagate the disease.

Nanajanagud Rasabale Cultivation in Melkote

Late Sri M A Lakshmithathachar had taken a sustained interest in cultivation of Nanjangud Rasabale successfully in Melkote (Mandya district). Sri Thathachar planted the saplings of Nanjangud Rasabale, obtained from Dept. of Horticulture, Mysore in his farm at Melkote. As the saplings were showing healthy progress in six months, suddenly Panama Wilt struck them and the leaves of the plants started turning yellowish following withering of the same and the plants started collapsing one by one. Sri Thathachar immediately consulted many experts of the Horticulture dept., agriculturists in Mandya, Mysore, Tamil Nadu etc. While most of them advised the use of some pesticide formulation on trial and error basis, others showed helplessness saying it is inevitable.

Sri Thathachar, with his close familiarity and knowledge of many ancient manuscripts and texts on horticulture,

agriculture etc., set out to adopt some indigenous solutions by preparation of a unique “native concoction “.He injected the same into the stem of the withering banana plants and lo, there was a significant improvement in the plants, as it arrested the decay by the disease. Not giving up, Swamiji , guided by his expertise in ancient knowledge of botanical practices (using no pesticide), employed the combination of wild plants / extracts , cattle wastes and home ingredients etc, to treat the Panama Wilt disease effectively. Sri Thathachar, encouraged by the developments, increased the frequency and dosage one by one and was able to save the plants from destruction and relentlessly nursed the plants (nearly 70 to 80 no’s) back to full health , finally realising a rich harvest of the fruits.

Eco-friendly Agriculture:

It is also important to note that no pesticide has been used at any stage, thus proving that traditional methods, can still solve such issues and even result in a robust and healthy agricultural



produce! The “native concoction “ for the formulation was based on Ayurvedic principles , native folklore knowledge , besides practices being followed by traditional farming community , but long forgotten and buried under present day impact of western influence ! As is known, every one commends pesticides, but what about pesticide residues, which are highly carcinogenic in nature. Hence there is a need to turn back on this abhorring practice and listen to the wisdom of nature and ecological sanity.

This is what prompted Late Sri. Lakshmithathacharya Swami, to set out on this awesome journey, which has resulted in remarkable breakthrough and success . Here lies an underlying but obvious wisdom, for those in the farm sector, to accept and adopt eco-friendly agricultural practices, which ensures wisdom and twin benefits of Environmental / ecological sustainability and public health.



Mind Behind The Final Videos – Raghunand SR

- Dhriti S



Q: Do you like what you are doing for the Mandayam Sabha?

A: Yes, I do love doing functions, organizing for the Sabha and majorly it is just that I like doing things related to light, sound and background and things like that. These are some of the main things that I like in what I do.

Q: Do you have any ideas to make your work easier for you and for others to make good videos?

A: I don't know currently because currently the Sabha is run by people who are just getting to know how technology [actually] works, so it will be really difficult if people are pushed towards technological change. But I am hoping that some day we will have a really good connection between things that are happening on stage and backstage.

Q: What are your tips for beginners to make good videos?

A: I think the main tip is just like what you are doing and don't do it just because someone else wants you to or is telling you to do it. If you like what you do then just do it. If you start

developing interest in a topic then you know you are interested and how that specific thing works and you think "Oh! It works like that". And just in a button things can happen so quickly, if you are really intrigued in those kind of things then you will really like what I do

Q: Share your experience in video editing. The good, the bad, the funny and the ugly

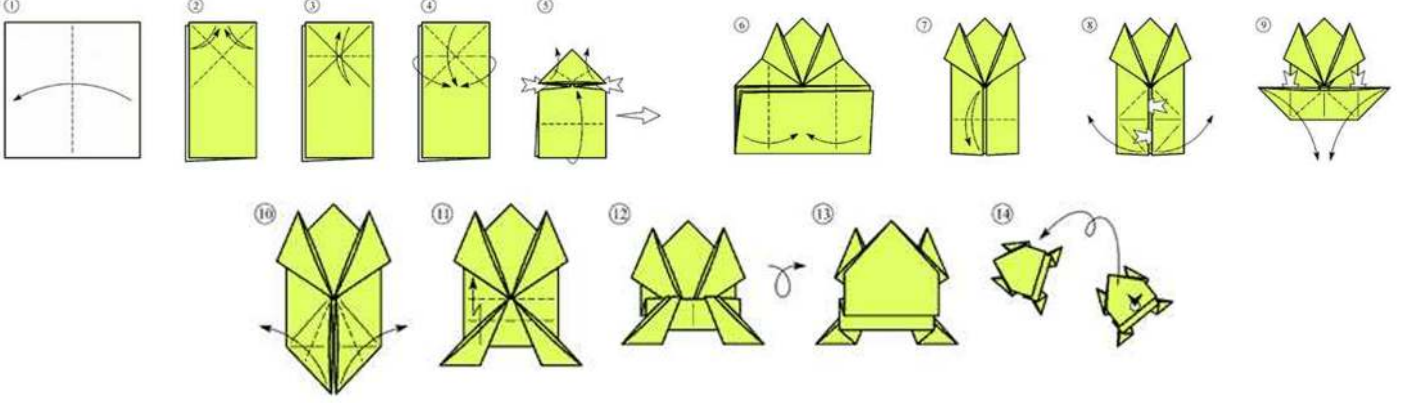
A: So video editing I know that mainly the video editing started in COVID times because nobody could attend the functions in auditoriums, so we would have to request people to shoot videos and send it to us, and I would compile them. Also since I am the first person looking at those videos, it feels like I am the first audience and then after me it circulates and goes to others. I am proud of the fact of "I control the full thing" or that "everything is on my fingertips". So that is where you feel the pride in and I don't think there is much ugliness to complain about, it is just videos or things that entertain all of us.

Q: When and why did you get interested in this field?

A: I was into playing games when I was a kid which led to my interest in tech. And as I grew up I got more into the latest inventions with the help of my bay area relatives

Let's fold Origami - Frog

- Srirangaraj - +91 9844844911



TALENTED & GIFTED

ಎಂ. ಎ ಪದ್ಮಾಸಿನಿ

ಐದು ಬಂಗಾರದ ಬಾಣಗಳು

ಇದು ಮಹಾಭಾರತ ಯುದ್ಧ ನಡೆಯುವಾಗ ಆದ ಒಂದು ಸ್ವಾರಸ್ಯವಾದ ಘಟನೆ.

ಒಮ್ಮೆ ಪಾಂಡವರು ಒಂದು ಕೊಳದ ಬಳಿ ವಾಸವಾಗಿದ್ದರು. ಆ ಕೊಳದಲ್ಲಿ ಗಂಧರ್ವರು ಜಲಕ್ರೀಡೆಗೆ ಬಂದಿದ್ದರು. ಆಗ ಧುರ್ಯೋಧನನು ಸುಮ್ಮನೆ ಇರದೆ ಗಂಧರ್ವನೊಂದಿಗೆ ವಾಗ್ವಾದಕ್ಕೆ ಇಳಿದನು. ಆಗ ಗಂಧರ್ವರೆಲ್ಲರೂ ಸೇರಿ ಧುರ್ಯೋಧನನನ್ನು ಚೆನ್ನಾಗಿ ಸದೆಬಡಿದು ಅವನನ್ನು ಅಪಹರಿಸಿಕೊಂಡು ಹೋಗಲು ತಯಾರಿ ಮಾಡುತ್ತಿದ್ದರು. ಆ ಸಮಯಕ್ಕೆ ಸರಿಯಾಗಿ ಅರ್ಜುನನು ಅಲ್ಲಿ ಬಂದನು. “ಅಯ್ಯೋ ಏನಿದು? ಧುರ್ಯೋಧನನನ್ನು ಹೀಗೆ ಅಪಹರಿಸಿಕೊಂಡು ಹೋಗಲು ವ್ಯವಸ್ಥೆ ಮಾಡಿಕೊಳ್ಳುತ್ತಿದ್ದಾರೆ! ಇದನ್ನು ನಾನು ಹೋಗಿ ತಡೆಯುತ್ತೇನೆ” ಎಂದು ಅರ್ಜುನನು ಹೋಗಿ ಗಂಧರ್ವರೊಡನೆ ಮಾತನಾಡಿ ಧುರ್ಯೋಧನನನ್ನು ಗಂಧರ್ವರಿಂದ ಬಿಡಿಸಿಕೊಂಡು ಬಂದನು.

ಧುರ್ಯೋಧನನಿಗೆ ಬಹಳ ಸಂತೋಷವಾಗಿ, “ಅರ್ಜುನ, ನೀನು ಸರಿಯಾದ ಸಮಯಕ್ಕೆ ಬಂದು ನನ್ನನ್ನು ಕಪಾಡದೆ ಇದ್ದರೆ, ಗಂಧರ್ವರು ನನ್ನನ್ನು ಅಪಹರಿಸಿಕೊಂಡು ಹೋಗುತ್ತಿದ್ದರು. ನಿನಗೆ ನನ್ನಿಂದ ಏನಾದರೂ ಬೇಕಾದರೆ ಕೇಳು.” ಅದಕ್ಕೆ ಅರ್ಜುನನು, “ಈಗ ನನಗೆ ಏನೂ ಬೇಡ. ಸಮಯ ಬಂದಾಗ ಕೇಳುತ್ತೇನೆ” ಎಂದನು.

ಕುರುಕ್ಷೇತ್ರದಲ್ಲಿ ಯುದ್ಧವು ಪ್ರಾರಂಭವಾಯಿತು. ದಿನಗಳು ಕಳೆದರೂ ಪಾಂಡವರಲ್ಲಿ ಯಾರೂ ಹತರಾಗಿರಲಿಲ್ಲ. ಹೀಗೆಯೇ ಸಾಗುತ್ತಿದ್ದರೆ ಮುಂದೆ ನಮಗೆ ಪರಾಜಯ ನಿಶ್ಚಯ ಎಂದು ಧುರ್ಯೋಧನನಿಗೆ ಬಹಳ ಚಿಂತೆಯಾಯಿತು.

ಅವನು ಭೀಷ್ಮರಲ್ಲಿ ಹೋಗಿ, “ಏನಿದು ಪಿತಾಮಹರೆ! ನಿಮಗೆ ಪಾಂಡವರ ಮೇಲೆ ಪ್ರೀತಿ ಹೆಚ್ಚಾಗಿದೆಯೇ? ನಿಮ್ಮಂತಹ ಮೇಧಾವಿಗಳಿದ್ದರೂ ಯಾಕೆ ಇನ್ನೂ ಒಬ್ಬ ಪಾಂಡವರಾದರೂ ಹತರಾಗಿಲ್ಲ? ಇದಕ್ಕೆಲ್ಲ ನಿಮಗೆ ಅವರ ಮೇಲಿರುವ ಅಭಿಮಾನ ಅಲ್ಲವಾ?” ಎಂದು ಸಿಡಿದಾಡುತ್ತಾನೆ.

ಈ ಅಪವಾದವನ್ನು ತಡೆಯಲಾರದೆ ಭೀಷ್ಮ ಪಿತಾಮಹರು, “ಸರಿ ಹಗಾದರೆ, ಧುರ್ಯೋಧನ, ಹೋಗಿ ಅಲ್ಲಿ ಐದು ಬಂಗಾರದ ಬಾಣಗಳನ್ನು ಇಟ್ಟಿದ್ದೇನೆ. ತೆಗೆದುಕೊಂಡು ಬಾ” ಎಂದು ಆದೇಶಿಸಿದರು. ಇದನ್ನು ಕೇಳಿ ಧುರ್ಯೋಧನನಿಗೆ ಬಹಳ ಆನಂದವಾಯಿತು. ನಾಳೆ ಭೀಷ್ಮ ಪಿತಾಮಹರು ಈ ಐದು ಬಂಗಾರದ ಬಾಣಗಳಿಂದ ಆ ಐದು ಪಾಂಡವರನ್ನು ಸಂಹರಿಸುತ್ತಾರೆ. ಹಾಗಾದರೆ ನಾಳೆ ಆ ಪಾಂಡವರೆಲ್ಲ

ಹತರಾಗುವುದರಲ್ಲಿ ಸಂದೇಹವೇ ಇಲ್ಲ! ಎಂದು ಬಹು ಸಂತೋಷಪಟ್ಟನು.

ಧುರ್ಯೋಧನನು ಆ ಐದು ಬಂಗಾರದ ಬಾಣಗಳನ್ನು ತೆಗೆದುಕೊಂಡು ಬಂದು ಭೀಷ್ಮರಿಗೆ ಕೊಟ್ಟನು. ಆದರೂ ಧುರ್ಯೋಧನನಿಗೆ ಸಂದೇಹವಿತ್ತು.

ಅವನು, “ಪಿತಾಮಹರೇ, ಎಲ್ಲಿ ಆ ಐದು ಬಂಗಾರದ ಬಾಣಗಳನ್ನು ಕೊಡಿ. ನನ್ನ ಹತ್ತಿರ ಇಟ್ಟುಕೊಂಡಿರುತ್ತೇನೆ. ನಾಳೆ ಯುದ್ಧಕ್ಕೆ ಹೊರಡುವಾಗ ನಿಮಗೆ ಕೊಡುತ್ತೇನೆ” ಎಂದನು. ಅದಕ್ಕೆ ಭೀಷ್ಮರು ಒಪ್ಪಿ ಆ ಬಾಣಗಳನ್ನು ಧುರ್ಯೋಧನನಿಗೆ ಕೊಟ್ಟರು.

ಮರುದಿನ ಮುಂಜಾನೆಯೇ ಕೃಷ್ಣನು ಅರ್ಜುನನನ್ನು ಕರೆದು, “ಅರ್ಜುನ, ಧುರ್ಯೋಧನನ ಹತ್ತಿರ ಹೋಗಿ ನಿನಗೆ ವರ ಕೊಟ್ಟಿದ್ದನಲ್ಲಾ ಅದನ್ನು ಈಗ ಪೂರೈಸು ಎಂದು ಕೇಳು. ಅವನು ಏನು ಬೇಕು ಎಂದು ಕೇಳಿದಾಗ ಆ ಐದು ಬಂಗಾರದ ಬಾಣಗಳನ್ನು ಕೊಡು ಎಂದು ಕೇಳು. ಈಗಲೇ ಹೊರಡು” ಎಂದನು. ಅರ್ಜುನನು ಕೃಷ್ಣ ಹೇಳಿದ್ದರ ಗುರುತು ಏನೂ ತಿಳಿಯದೆ ಮುಖವನ್ನು ಪ್ರಶ್ನಾರ್ಥವಾಗಿ ಇಟ್ಟುಕೊಂಡು ಹೊರಟನು.

ಅರ್ಜುನನು ಧುರ್ಯೋಧನನ ಹತ್ತಿರ ಹೋಗಿ, “ಧುರ್ಯೋಧನ, ನಾನು ನಿನ್ನನ್ನು ಗಂಧರ್ವರಿಂದ ಕಾಪಾಡಿದ್ದಾಗ ಒಂದು ವರವನ್ನು ಕೊಟ್ಟಿದ್ದೆಯಲ್ಲಾ, ಅದನ್ನು ಈಗ ಪೂರೈಸು” ಎಂದನು.

ಅದಕ್ಕೆ ಧುರ್ಯೋಧನನು, “ಏನು ಬೇಕು?” ಎಂದನು.

ಅರ್ಜುನ, “ನಿನ್ನ ಹತ್ತಿರ ಇರುವ ಆ ಐದು ಬಂಗಾರದ ಬಾಣಗಳನ್ನು ಕೊಡು” ಎಂದಾಗ ಧುರ್ಯೋಧನನು ಅವಾಕ್ಯನಾದನು. ಆದರೆ ಕೊಟ್ಟ ಮಾತಿಗೆ ಹಿಂತಿರುಗದೆ ಆ ಬಾಣಗಳನ್ನು ಅರ್ಜುನನಿಗೆ ಕೊಡಲೇಬೇಕಾಯಿತು. ಅರ್ಜುನನು ಆ ಬಾಣಗಳನ್ನು ತೆಗೆದುಕೊಂಡು ತನ್ನ ಶಿಬಿರಕ್ಕೆ ಹಿಂತಿರುಗಿದನು.

ಇದು ಹೇಗೆ ಸಾಧ್ಯ? ಅರ್ಜುನನಿಗೆ ನನ್ನಲ್ಲಿ ಬಾಣಗಳಿರುವ ವಿಷಯ ಹೇಗೆ ತಿಳಿಯಿತು? ಆಮೇಲೆ ಯೋಚನೆ ಮಾಡಿದರೆ ಧುರ್ಯೋಧನನಿಗೆ ಎಲ್ಲಾ ವಿಷಯ ತಿಳಿಯಾಯಿತು. ಇದೆಲ್ಲ ಕೃಷ್ಣನ ತಂತ್ರವೇ ಇರಬೇಕೆಂದಕೊಂಡನು.

೧. ಕಲ್ಲನ್ನು ಕಲ್ಲೆಂದು ಲೆಕ್ಕಿಸದ
ಕಲ್ಲಿನೊಳಗೇನೋ ಅಡಗಿ ಕುಳಿತಿದುದು
ಒಂದು ಆರಾಧ್ಯಮೂರ್ತಿ ಭಕ್ತನ ಸ್ತೂರ್ತಿ
ಎಂದು ಕಲ್ಪಿಸಿ ಹೋರಾಡಿದ ಹಗಲಿರುಳೂ ಧೀರಶಿಲ್ಪಿ||

೨. ಮೂಲೆಯಲಿ ಮಲಗಿರುವ ಎಂತದೋ ಕಲ್ಲನ್ನು
ಎಬ್ಬಿಸಿ, ಹೊಡೆದು, ಬಡಿದು ಜೀವ ತುಂಬಿಸಿ
ಸೌಂದರ್ಯ ಲೇಪಿಸಿ, ಮೂರ್ತಿಯ ನಿಲ್ಲಿಸಿ,
ದಿವ್ಯ ನಗೆಯ ಹೊರಸೂಸಿ ದೂರದ ಭಕ್ತನನ್ನು ಬಳಿಗೆ ಸೆಳೆದಾ
ದೈವಶಿಲ್ಪಿ||

೩. ಶಿಲ್ಪಿ ಕತ್ತಿದ ಕಲ್ಲು ಪುಸಿದ್ದ ಮೂರ್ತಿಯಾಯ್ತು
ದೈವವಾಯ್ತು ಮನೆ ಮನೆ ಮಾತಾಯ್ತು
ಭಕ್ತಿಗೆ ಸ್ತೂರ್ತಿಯಾಯ್ತು ಅನವರತ ಆರತಿಯಾಯ್ತು
ನಿತ್ಯೋತ್ಸವವಾಯ್ತು ಭಕ್ತರ 'ಓ'ಗಳಿಗೆ ಮಾರ್ದನಿಯಾಯ್ತು||

೪. ಶಿಲ್ಪಿಗೊಂದು ಚಣ ಗೊಂದಲವಾಯ್ತು, ಇದೇನಿದು
ನಾನು ದೇವನ ಸಂಜಾತನೋ, ಇಲ್ಲ ದೈವವು
ನನ್ನ ಸೃಷ್ಟಿಯ ಫಲಪ್ರಸಾದವೋ, ಪ್ರಾರ್ಥಿಸಿದ
ದೈವವೇ ಈ ವಿಚಿತ್ರ ಸಮಸ್ಯೆಯಿಂದ
ಮುಕ್ತಿಕೊಡುವೆಯಾ! ನನ್ನ ಕ್ಷಮಿಸುವೆಯಾ ||

೫. ಚಿತ್ರಕಾರರು ಹೆಚ್ಚುವರು ತಂತಮ್ಮ
ನಾಮಧೇಯವನ್ನು ಚಿತ್ರದ ಅಂಚಿನಲ್ಲಿ
ಲೇಖಕರು ಉಲ್ಲೇಖಿಸುವರು ತಂತಮ್ಮ
ನಾಮಫಲಕವನ್ನು ಪುಸ್ತಕದ ಮಸ್ತಕದಲ್ಲೇ
ಆದರೆ, ಈ ದೈವಶಿಲ್ಪಿಗೆ ಸಲ್ಲುವುದು ಕೇವಲ
ಅನಾಮಧೇಯನ ವಿಸ್ಮಯ ಗೆಲುವು ||
- ಡಾ || ಎಂ.ಎ.ಆರ್.ಅಯಂಗಾರ್

(A tribute to the stone sculptors of Mahabalipuram,
Tamil Nadu, in the vicinity of which the author
lived for 25 years)

ಕುದ್ರೆ ಟೀ

-ಆರ್.ಎ.ಕುಮಾರ್

ಟೀ ಕುಡಿದಿದ್ದೀಯೇನಾ?

ಯಾವ ಟೀನಾ?

ನೀ ಯಾವ್ಯಾವ ಟೀ ಕುಡಿದ್ದೀಲಾ?

ನಾನು ಕಪ್ ಟೀ, ಕೆಂಪ್ ಟೀ, ಗುಲಾಬಿ ಟೀ, ಮಸಾಲಾ ಟೀ, ನಿಂಬೂ
ಟೀ ಇಂಗೇ ತರಾವರೇ ಟೀ ಕುಡ್ತೀನಿ ಕಲಾ.

ಊಂ ಇಂಗೇ ಬಾಲಾ ಬೆಳಿಸ್ತಾ ಓಗ್ಲಾ, ಇನ್ನೂ ಅದೆಂತಂತಾ ಟೀ
ಕುಡಿಸ್ತೀಯೋ ನೀನು?

ನಾನೇನ್ ಏಳ್ವಾರದ್ ಏಳಿದ್ದಾ, ಅಂಗ್ಯಾಕ್ ಮೈಮ್ಯಾಗ ದೆವ್ವ
ಬಂದವ್ವಂಗಾಡೀಯೇ?

ತೆಪ್ಪಾಯ್ತು ಕಣ್ಣು ಮುಂದೈಳು

ನೋಡಪಾ ನಿಂ ತಾತ್ತ್ ಕಾಲ್ವಾಗೆ ಒಂದೈಟಂಗಿ ಒಂದೇ ಎಸು
ಅಲ್ವಾ?

ಔದು ಮತ್ತೆ, ಒಂದ್ ಸಾಮಾನ್ಯ ಒಂದೆಸು ಇರ್ಬೇಕಲ್ವಾ? ಎಕ್ಸೈಜು,
ಅಕ್ಕಿ, ಬ್ಯಾಳೆ, ಉಪ್ಪು ಇವ್ವೇನ್ ಎಲ್ಲೆಡ್ ಎಸು ಮಡ್ಲೋಕಾಯ್ದಾ ?

ಅಲ್ಲೇ ನೀ ತಪ್ ತಿಳ್ಳಂಡಿರೋದು.ನೀ ಏಳ್ವೆಲ್ಲಾ ಆ ಕಾಲ್ವಾಗೆ ಈ
ಬ್ರ್ಯಾಂಡುಗ್ಲು ಇರ್ಲಿಲ್ಲ; ಈಗೋಡು ಸಿವ್ವಿಂಗು ಬೇಳ್ತಂತೆ, ಬಸ್ವೆಸ್ವರ
ಅಕ್ಕಂತೆ, ಟಾಟಾ ಉಪ್ಪಂತೆ ಇಂಗಿ ಎಲ್ಲಾದ್ರಾಗೂ ಅತ್ತಾರು
ಕಂಪನೀಗ್ಲು ಉಟ್ಟಂಡವೆ. ಅಂಗಾಗಿ ಬರೀ ಬ್ಯಾಳೆ ಅನ್ನಂಗಿಲ್ಲ,
ಯಾವ್ ಕಂಪ್ನಿ ಬ್ಯಾಳೆ ಅಂತಾನೂ ಏಳ್ವೇಕು.

ಇಸ್ಯ ಎಲ್ಲೆಲ್ಲೋ ಒಯ್ಯಾ ಐತೆ. ಅದೇನೋ ಒಸೊಸ್ ಟೀ ಬಗ್ಗೆ
ಏಳ್ವಾ ಇದ್ದೆ, ಅದ್ರಾಗೆ ಇನ್ನೂ ಏನೇನದೆ?

ಅಯ್ಯೋ ಬುಡಪ್ಪಾ ಅದೇನ್ ಕೇಳ್ತೀ. ಜನ್ನಳ್ ನಾಲ್ಕೆ ಕಟ್ ಕೆರ
ಇಡ್ಲೋಗೈತೆ. ಏನ್ ಕೊಟ್ರೂ ಬಾಯ್ ಚಪ್ಪರಿಸೊಂಡ್ ತಿಂತಾವೆ,
ಕುಡಿತಾವೆ. ಅದ್ಯಾವೋ ಸಿನ್ಮಾದಾಗೆ ದೊಡ್ಡಣ್ಣ ಇಂದಿನ್ ದಿಂದ
ಉಳ್ಳೋಗಿದ್ ಇಡ್ಲಿ, ವಡೆ, ದ್ವಾಸೆ ಮತ್ತೆ ಪೂರ್ಯ ಸೇರ್ಪಿ ಕಲ್ಪಿ ಕರ್ದು
ಒಸಾ ಉಪ್ಪಿಟ್ಟು ಉರುಫ್ ಬಾತು 'ಇವದೋಪೂ' ಮಾಡಿ ತಿನ್ನಿದ್ದು

ನೋಡಿಲ್ವಾ? ಅಂಗೇ ಅವು ಆಕಿದ್ದೇ ಐಟಂ, ಕುಡ್ತಿದ್ದೇ ಕುಡ್ತಿದ್ದು! ಟೀ
ಅನ್ನೋದ್ ಪುದೀನಾ ಸೊಪ್ಪು ಒಬ್ಬಾಕಿದ್ರೆ, ಇನ್ನೊಬ್ಬ ಯಾಲಕ್ಕೀನೇ
ಆಕ್ತಿದು! ಇತ್ತೀಚ್ಕೆ ಒಬ್ಬ.....ಏನದ್ರ ಎಸೂ?...

ಕುದ್ರೆ ಟೀ ಅಂತಾ!

ಅಂದ್ರೇ ಕುದ್ರೆದೇನಾರಾ ಆಕಿ ಟೀ ಮಾಡಾರಾ? ನಂ ಜಗ್ಗೇಸಣ್ಣನ್ ಬೌ
ಬೌ ಬಿರ್ಯಾನೀ ತರಾನಾ?

ಅಂಗೆಲ್ಲಾ ಅದು 'ಎನ್.ವೀ' ಟೀ ಅಲ್ಲಾ, ಪ್ಯೂರ್ 'ವೀ' ಟೀ ಕಲಾ. ಅದು
ಕುದ್ರೆ ತಿನ್ನದಲ್ಲಾ ಅದೇ ಉಳ್ಳೀ ಆಕಿ ಮಾಡೋ ಟೀ! ಅಂದ್ರೆ ಉಳ್ಳೀ
ಟೀ! ನಾನೇನೇನೋ ಅಂಕೊಂಬುಟ್ಟು ಜೀಮ ಬಾಯಿಗ್ಬಂದ್ಬುಟ್ಟಿತ್ತು.
ಸರೀ ಉಳ್ಳೀನ ಏನ್ಮಾಡ್ತೇಕಂತಾ?

ಅದ್ನು ಉರ್ದು ಕುಟ್ಟಿ ಪುಡಿಮಾಡಿ ಕುದ್ರೋ ನೀರ್ಗಾಕಿ ಬಸ್ಸು ಅದ್ರ
ಸಾರಾ ಮಾತ್ರ ಕುಡೀಬೇಕಂತೆ, ಸಕ್ರ ಆಕ್ಯಾದಂತೆ! ಕುಡ್ಲೆ ಏನೇನೋ
ಕಾಯ್ಲೆಗ್ಲು ಒಯ್ಯಾವಂತೆ, ಅದೇನೇನ್ ಕಾಯ್ಲೆ ಬತ್ತದೋ ಯಾರೂ
ಏಳ್ವಾಯಿಲ್ಲ, ಒಂದಸ್ವ ಜಿನ ಕುಡ್ಲಾಕ್ಗೆ ತೀಳೀಬೌದು.

ಈಗೋರು ಬೊಲೇ ಬುದ್ಧಂತು ಅನ್ನೊಂಡುಟ್ಟಿವೆ ಈರೇಕಾಯ್
ಸಿಪ್ಪೇ ಸಟ್ಟಿ ಸಂದಾಕಿರ್ತದೆ ಅಂತಾ ಯಾರೋ ಏಳ್ವೊ ಅಂತಾ
ಪ್ಯಾಟೆ ಸೊಸೆ ನಾಕ್ ಈರೇಕಾಯ್ ತಂದು ಅದ್ರ ಸಿಪ್ಪೇ ಇಟ್ಟಂಡು
ಕಾಯಾಸರ್ವ ತಿಪ್ಪೇಗೇಸೆದಂತೆ ಅಂಗಾಯ್ತು ನೀ ಏಳ್ತೀರೋದು! ಅಲ್ಲಾ
ಉಳ್ಳೀಯ ಬೇಸಿ ಸಾರಾ ಮಾಡ್ಲೊಂಡು ಇಟ್ ಜೊತೆ ಉಂಡ್ರ
ಮಜ್ಜಾಗೂ ಇತ್ಯೇತೆ, ದೇಹ್ ನಾನಂಸಾನೂ ಸೇರ್ತದೆ. ಅದ ಬುಟ್ಟು
ಉಳ್ಳೀ ರಸ ತಕ್ಕೊಂಡು ಚಲ್ವಾ ಬಿಸಾಕುಟ್ಟೆ ಅದ್ರಾಗೇನಿತ್ಯೇತೆ
ಮಣ್ಣು! ಕುದ್ರೆಗೆ ಬರೀ ಸಾರಾಯ್ ಅಲ್ಲಲ್ಲಾ ಸಾರಾ ಕುಡ್ಲಾರಾ
ಪೂರಾ ಉಳ್ಳಿ ತಿನ್ನಿದ್ರೆ ಅಲ್ವಾ ಸಕ್ತಿ ಬರೋದೂ? ಅದ ಬುಟ್ಟು ಚಲ್ವ
ಬಿಸಾಕ್ತಾರಾ?

ಅದೆಲ್ಲಾ ಬುಡು ಯಾರಾರೂ ಬೇವಿನ್ ಸೊಪ್ಪಾಕಿ ಟೀ
ಕುಡ್ಲೋಕ್ಕುಂಚೆ ಕಾಲ್ಕೀಳಾನಾ ನಡೀ ನಡೀ.

Poems in Kannada

ದಿವ್ಯದರ್ಶನ ಮೇಲುಕೋಟೆ ಶ್ರೀ ತಿರುನಾರಾಯಣ



1. ಕಂಗೊಳಿಸುತಿರುವ ಸುಂದರ ಕಂಗಳ ನೋಡು ಕಂಗಳೆ,
ಕಂಗೊಳಿಸಿ ಪ್ರಜ್ವಲಿಸುತಿರುವ ದೀಪಗಳ ಬೆಳಕಿನಲಿ -
ಕಂಗೊಳಿಸುತಿರುವ ಜಾಜ್ವಲ್ಯಮಾನವಾದ ಮೂರುತಿಯ ನೋಡು,
ಕಂಗೊಳಿಸುತಿರುವ ಸುಂದರ ಚೆಲುವ ನಾರಾಯಣನ ನೋಡು .

ಇಂಥಾ ವ್ಯಾಧಿಯ ಕಾಣನೋ

ಪ 1!

ಇಂಥಾ ವ್ಯಾಧಿಯ ಕಾಣನೋ ಈ ಜಗದೊಳು
ಅ!ಪ! ಇಂಥಾ ವ್ಯಾಧಿಯ ಜಗದೊಳಗೆಲ್ಲ ಭಯಭೀತರಾಗಿ
ಎಂಥಾ ದಿಗ್ಗಜರನೂ ಬಿಡದೆ ಎಂತೆಲ್ಲಾ ಸತಾಯಿಸಿದ
[ಇಂಥಾವ್ಯಾಧಿಯ]

ಪ2.!

ಹುಚ್ಚ ಚೀನಾದವನು ಕಿಚ್ಚು ಹಚ್ಚಿಬಿಟ್ಟು,
ಪ್ರಪಂಚದಲೆಲ್ಲಾ ಬಿಚ್ಚಿಬಿಟ್ಟು ವಿಷಾಣುವನು. [ಇಂಥಾ ವ್ಯಾಧಿಯ.]
ಚ! ನಿಂತು ದೂರದಲಿ ತಪ್ಪಿಸೋ, ವೈರಾಣುವಿನ ಸೋಂಕು
ದಪ್ಪದ ಮುಖವಾಡ ಧರಿಸಿ ತಪ್ಪಿಸೋ; ಅಂತೂ ಆಗಾಗ ಕೈಗಳ
ಕ್ರಿಮಿನಾಶಕದಲಿ ತೊಳೆದು,
ಕರೋನಾ ಕ್ರೂರಿ ರೋಗದಿಂದ ತಪ್ಪಿಸೋ. [ಇಂಥಾ ವ್ಯಾಧಿಯ]
ಚ2! ಮನೆಯಲ್ಲೇ ಆದಷ್ಟು ನೆಲೆಸೋ, ಸುಮ್ಮನೆ ಹೊರಗೆ ಸುತ್ತುವುದು
ನಿಲ್ಲಿಸೋ,
ಹೊರಗೆ ಹೋಗ್ಬೇಕಾದರೆ,
ಗುಂಪು ಗದ್ದಲಗಳಿಂದ ದೂರಸರಿದು ಎಚ್ಚರದಿಂದ ವರ್ತಿಸೋ.

[ಇಂಥಾ]

ಚ3! ವಯಸ್ಸಾದವರ ಅತಿಯಾಗಿ ಗಮನಿಸೋ,
ಚಿಕ್ಕ ಮಕ್ಕಳನ್ನು ಅಕ್ಕರೆಯಿಂದ ರಕ್ಷಿಸೋ;
ಅಂತೂ ಬಂತೂ ಕೊನೆಗೆ ಹಲವಾರು ಲಸಿಕೆಗಳು,
ಅಂತ್ಯವಿಲ್ಲದ ವ್ಯಾಧಿಯ.ತೊಲಗಿಸಿ ಓಡಿಸಲು. [ಇಂಥಾ ವ್ಯಾಧಿಯ]

ಚ4! ಹತ್ತಾರು ಲಸಿಕೆಗಳು
ಬಂದವೆಂದು ನಿಟ್ಟುಸಿರು ಬಿಡಲು,
ಮತ್ತೊಂದುರೂಪದಲಿ ಭಂಡ ವೈರಾಣು ಮತ್ತೆ ಬರಲು,
ನರಾರಿ ಕ್ರೂರಿ ಕರೋನಾ ಹತ್ಯೆಗೆ ಮುರಾರಿ ಮೊರಹೋಗಿ,
ನರಹರಿಯ ನಂಬಿ ಬಾಳ ಸಾರ್ಥಕ ಮಾಡಿಕೋ.
{ಶ್ರೀ ವಿಜಯದಾಸರ "ಇಂಥಾ ಪ್ರಭುವ ಕಾಣನೋ " ಆಧರಿಸಿ ,ದಾಸರ
ಕ್ಷಮೆ ಬೇಡುತ್ತ }

ಮ . ಅ . ನ .

(05- 03- 2021)

M . An. Na.

ಗೋದಾ-ಗೋವಿಂದ ದಿವ್ಯ ಸಂಗಮ

1. ಗೋದಾ ಎಂದರೇನು ಗೋವಿಂದಾ ಎಂದರೇನು,
ಒಬ್ಬರಲೊಬ್ಬರು ಇಬ್ಬರೂ ಇರುವರು , ತಮ್ಮೊಳಗೆ ತಾನೇ
ತಲ್ಲೀನರಾಗಿರಲು ,
ಭಕ್ತ ಭಗವಂತನ ಭವ್ಯ ಬಂಧನದೊಳು.

2. ಸೂರ್ಯ ಚಂದ್ರರಂತೆ ಹೊಳೆಯುತಿರುವ ಕಂಗಳ ನೋಡು ,
ಕಮಲ ದಳದಂತಿರುವ ಕಮಲನಾಭನ ಕಂಗಳ ನೋಡು ,
ಭವ್ಯ ನಿಲುವಿನಲಿ ನಿಂತ ಚೆಲುವರಾಯನ ಕಂಗಳ ನೋಡು ,
ಭವ ಭಯ ನೀಗಿ ಭಕ್ತಿಭಾವ ಮೂಡಿಸುವ ಕಂಗಳ ನೋಡು .
3. ಎತ್ತ ನೋಡಿದರಲ್ಲಿ ಭವ್ಯ ದಿವ್ಯ ವಾತಾವರಣ,
ಅತ್ತ ಚೆಲುವರಾಯನ ಪಾದದಲಿ ಲಕ್ಷ್ಮಿಯ ದಿವ್ಯದರ್ಶನ,
ಮತ್ತೆ ಮೇಲೆ ನೋಡಿದರೆ ಹೃದಯದಲಿ ನೆಲೆಸಿದವಳ ದರ್ಶನ,
ಮತ್ತೆ ಮತ್ತೆ ನೋಡಿದವರ ಮನತುಂಬುವ ಭವ್ಯ ರೂಪ ದರ್ಶನ.
4. ಕಂಗೊಳಿಸುತಿರುವ ಹುಣ್ಣಿಮೆ ಚಂದ್ರ ಮುಖಮಂಡಲದ,
ತಂಗಾಳಿಯ ತಂಪು ತರುವ ತುಂಬುಸುಖದನುಭವದ,
ಮಂಗಳ ಮೂರುತಿಯ ನೋಡದವರಿಗೆ ಕಂಗಳೇಕೆ ಬೇಕು ,
ರಂಗನ ದರುಶನ ಮಾಡಿದ ಕಂಗಳಿಗೆ ಮತ್ತೇನು ಬೇಕು.
5. ಎತ್ತರದ ಬೆಟ್ಟದ ಮೇಲೆ ಕೋಟೆಯಲಿ ನಿಂತ ಭಗವಂತ,
ಭಕ್ತ ಜನರು ಭಜಿಸಿದ ನರಸಿಂಹ ಯೋಗಮುದ್ರೆಯಲಿ ಕುಂತ,
ಮುಕ್ತಿ ಪಡೆಯಲು ಅತಿ ಸುಲಭ ಮಾರ್ಗ ಇದುವೆ ಎಂದು,
ಭಕ್ತಿ ಮಾರ್ಗ ತೋರಿದ ನರಹರಿಯ ಕೃಪೆ ಇರಲಿ ಸತತ .

ಮ.ಅ.ನ 06 . 09. 20 M.AN.NA.

2. ಜೀವನಮಾರ್ಗವ ತೋರಿಸಿದ ಗೋದಾ,
ಜೀವನಸಾರ್ಥಕ ಮಾಡಿದ ಗೋವಿಂದ, ಜೀವಾತ್ಮಾನುದ್ಧಾರ ಪೇಳಿದ
ಗೋದಾ, ಜೀವಾತ್ಮ ತನ್ನೊಳು ಸೇರಿಸಿದ ಗೋವಿಂದ.
3. ಗೋದಾ ಲೋಕವೇ ಗೋವಿಂದನ ಲೋಕ,
ಗೋದಾ ಸ್ತುತಿಯೇ ಗೋವಿಂದನ ಸ್ತುತಿ, ಗೋದಾ ಗೋವಿಂದರ ದಿವ್ಯ
ಸಂಗಮದಲಿ, ನರಹರಿ ಕರುಣೆ ಪರಿಪೂರ್ಣವಾಗಿರಲಿ.

ಮ ಅ ನ 09.02.21 M.AN.NA.

Title: ಇಪ್ಪತ್ತು ಇಪ್ಪತ್ತೊಂದು

1. ಇಪ್ಪತ್ತಿನಲಿ ನೊಂದು,
ಇಪ್ಪತ್ತೊಂದರಲಿ ನಿಂದು,
ಆಪತ್ತಿನಿಂದ ಹೊರಬಂದು ,
ನೋಡುತಿಹವು ಮುಂದು.
2. ಭಯ ಭೀತಿಯ ಬಿಟ್ಟು ,
ನಡೆಯಿರಿ ಮುಂದು ,
ದೇವರದಯದಿಂದ,
ಒಳಿತಾಗುವುದು ಬಂಧು .
3. ಬಿಡು ಅನ್ನು ಇಪ್ಪತ್ತು ಇಪ್ಪತ್ತು,
ಸದ್ಯ ಹೋಯ್ತು ಯಡವಟ್ಟು ,
ಎಷ್ಟೊಂದು ಕಷ್ಟಗಳ ಕೊಡ್ತು ,
ಎಷ್ಟು ಜನರನು ಕೊಂಡೊಯ್ತು .
4. ಇನ್ನು ಮೇಲಾದರೂ ನಿಟ್ಟುಸಿರು ಬಿಟ್ಟು, ನೆಮ್ಮದಿಯ ಜೀವನ
ನಡೆಸಲು ಬಿಟ್ಟು ,
ತೊಲಗಲಿ ಎಲ್ಲಾ ಸಂಕಷ್ಟಗಳು ಎಂದು ,
ಹರಸಲಿ ನಮ್ಮನು ನರಹರಿ ಎಂದೆಂದೂ.
5. ಬಂದಿತು ಹೊಸ ವರುಷ ಇಪ್ಪತ್ತೊಂದು,
ತಂದಿತು ಹರುಷದ ಸುದ್ದಿಯೊಂದು,
ಬಂದಿರುವುದು ಹೊಸ ಲಸಿಕೆಯೊಂದು, ಮುಂದಾದರೂ ಸುರಕ್ಷಿತ
ಜೀವನ ನಡೆಸಲೆಂದು.
6. ಮುಂದಾಗಿರಿ ಲಸಿಕೆಯ ಸೂಜಿಮದ್ದು ಹಾಕಲು,
ಹಿಂದುಮುಂದು ನೋಡದಿರಿ ಈ ಪರಿಹಾರ ಮಾಡಲು , ಇಂದೇ
ಮನಮಂದಿಯಲ್ಲರ ಆರೋಗ್ಯ ಕಾಪಾಡಲು,
ಮುಂದೆ ನರಹರಿಯ ಕೃಪೆಯೊಡನೆ ಜೀವನ ಸಾಗಿಸಲು .

ಮ .ಅ .ನ 01.01.2021. M.AN.NA.

ಶ್ರೀಎಂ.ವಿಶ್ವೇಶ್ವರಯ್ಯ

೧. ಅದೆಂಥಹ ಅದ್ಭುತ ವ್ಯಕ್ತಿತ್ವವಯ್ಯ
ಇಂಥಹ ಪ್ರಾಮಾಣಿಕ ವ್ಯಕ್ತಿ ಬಲು ಅಪರೂಪವಯ್ಯಾ
೨. ಅಪಾರ ವಿದ್ಯೆ, ಬುದ್ಧಿ, ನಿಖರ ಆಲೋಚನೆ,
ನಿರ್ದಿಷ್ಟ ಯೋಜನೆ, ಎಲ್ಲದರಲ್ಲೂ ಮುಂದಾಲೋಚನೆ
೩. ಪ್ರಗತಿಪರ 'ತಕನಿಕೆ'ಗಳ ನಿಪುಣ ಸಾಮ್ರಾಟ
ರಾಜಸೇವೆಯಲ್ಲಿ ನುರಿತ 'ದಿವಾನ್ ಅಫ್ ಮೈಸೂರ್'
ದೇಶಪ್ರೇಮ, ಸರಳ ಸಾರ್ಥಕ ಜೀವನ
ಇಂಜಿನಿಯರಿಂಗ್ ಯೋಜನೆಗಳ ಅಗ್ರಗಾಮಿ

೪. 'ಭಾರತ ರತ್ನ' ಕೂಡಿ ಬಿರುದುಗಳ ಸುರಿಮಳೆ
ನೂರರಡು ವರುಷಗಳ ತುಂಬು ಜೀವನ
ಜನಸೇವೆಯಲ್ಲಿ ನರಹರಿಯ ಸೇವೆ ಕಂಡ ಧುರೀಣ
ಸರ್ ಎಂ.ವಿ. ಅವರಿಗೆ ನೂರು ನೂರು ನಮನ

ಮ.ಅ. ನ. M.AN.NA.
೧೫/೦೯/೨೦೨೦ ಅಭಿಯಂತರ ದಿನ

ಶ್ರೀಮತೆ ರಾಮಾನುಜಾಯ ನಮಃ

ಕರ್ನಾಟಕದಲ್ಲಿ ಶ್ರೀ ರಾಮಾನುಜರ ವೈಭವ

Smt. ಶ್ರೀಮತಿ ಆಚಾರ್

ಇಲ್ಲಿಯವರೆಗೆ...

ಶ್ರೀರಂಗ ಕ್ಷೇತ್ರವನ್ನು ಆಳುತ್ತಿದ್ದ ಮಹಾಶಿವಭಕ್ತ ಕರಿಕಾಲ ರಾಜನಿಂದ ಆಪತ್ನಾಗುವುದೆಂದು, ಶ್ರೀ ರಾಮಾನುಜಾಚಾರ್ಯರು ಅಲ್ಲಿಂದ ನೆರೆಯ ಹೊಯ್ಸಳ ರಾಜ್ಯಕ್ಕೆ ಬಂದರು. ಅಲ್ಲಿನ ಜೈನ ರಾಜ ಬಿಟ್ಟಿದ್ದೇವನ ಮಗಳನ್ನು ಪ್ರೇತ ಬಾಧೆಯಿಂದ ಗುಣಪಡಿಸಿದರು. ಇದರಿಂದ ಸಂತುಷ್ಟನಾದ ರಾಜನು, ರಾಮಾನುಜಾಚಾರ್ಯರನ್ನು ಗುರುಗಳನ್ನಾಗಿ ಸ್ವೀಕರಿಸಿ ಶ್ರೀವೈಷ್ಣವ ದೀಕ್ಷೆ ಪಡೆದನು.

ಮುಂದೆ...

ಕೆಲವು ಕಾಲದ ಮೇಲೆ ಶ್ರೀ ರಾಮಾನುಜಾಚಾರ್ಯರಿಗೆ ಕನಸಿನಲ್ಲಿ ಒಂದು ದಿನ ತಿರುನಾರಾಯಣನು ತೋರಿ, ಅಲ್ಲಿಯೇ ಹತ್ತಿರದಲ್ಲಿರುವ ಅರಣ್ಯಮಧ್ಯೆ ತುಲಸೀ ಗಿಡಗಳಿಂದ ಸುತ್ತವರಿಯಲ್ಪಟ್ಟ ಒಂದು ಹುತ್ತದಲ್ಲಿ ತಾನು ನೆಲೆಸಿರುವುದಾಗಿಯೂ, ಆ ಹುತ್ತದಿಂದ ತೆಗೆದು ತನ್ನನ್ನು ಪ್ರತಿಷ್ಠಾಪನೆ ಮಾಡಬೇಕೆಂದು ಆದೇಶವಿತ್ತನು. ಈ ವಿಚಾರವನ್ನು ತಿಳಿದ ವಿಷ್ಣುವರ್ಧನನು, ಆಚಾರ್ಯರ ಸಹಾಯಕ್ಕಾಗಿ ಕೆಲವು ಭಟರನ್ನು ಕಳುಹಿಸಿಕೊಟ್ಟನು. ಅರಣ್ಯದಲ್ಲಿರುವ ಹುತ್ತವನ್ನು ಸಮೀಪಿಸುವುದು ಅಷ್ಟು ಸುಲಭವಾಗಿರಲಿಲ್ಲ. ಅಲ್ಲಿಯ ಅರಣ್ಯದಲ್ಲಿ ವಾಸಮಾಡಿಕೊಂಡಿದ್ದ ಅನೇಕ ಹರಿಜನರು, ಗಿರಿಜನರು ಆಚಾರ್ಯರ ಸಹಾಯಕ್ಕಾಗಿ ತಾನಾಗಿಯೇ ಬಂದು ನಿಂತರು. ಶ್ರೀ ಭಗವದ್ರಾಮಾನುಜರು ಹುತ್ತವನ್ನು ಭಕ್ತಿಯಿಂದ ಹಾಲಿನಿಂದ ಕರಗಿಸಿ ತಿರುನಾರಾಯಣನನ್ನು ಪ್ರಕಟಗೊಳಿಸಿದರು. ಭವ್ಯವಾದ, ಅತ್ಯಂತ ಸುಂದರವಾದ ತಿರುನಾರಾಯಣರನ್ನು ನೋಡಿ ಅವರ ಕಣ್ಣುಗಳಿಂದ ಆನಂದಾಶ್ರುಗಳು ಧಾರೆಯಾಗಿ ಪ್ರವಹಿಸಿದವು. ಅಂದು ಬಹುಮಾನ್ಯ ಸಂವತ್ಸರ, ಮಕರ ಶುಕ್ಲ ಪುನರ್ವಸು ಶುಭದಿನ. ಇನ್ನು ದೇವಾಲಯ ನಿರ್ಮಿಸಿ, ತಿರುನಾರಾಯಣರ ವಿಗ್ರಹ ಪ್ರತಿಷ್ಠಾಪನೆ ನೆರವೇರಿಸ ಬೇಕಾಗಿತ್ತು. ಆ ಎಲ್ಲ ಕೆಲಸಗಳನ್ನು ಆಚಾರ್ಯ ಶ್ರೀ ರಾಮಾನುಜರು ಸೂಚಿಸಿದಂತೆ ವಿಷ್ಣುವರ್ಧನನು ನೆರವೇರಿಸಿಕೊಡಲು ಮುಂದಾದನು.

ಇದೇ ಸಮಯದಲ್ಲಿ ವೇಲಾಪುರಿಯಲ್ಲೂ (ಬೇಲೂರು) ಮನೋಹರವಾದ ಶಿಲ್ಪಕಲಾ ವೈಭವದಿಂದ ಕೂಡಿದ 'ವಿಜಯನಾರಾಯಣನ' ದೇವಾಲಯ ಒಂದನ್ನು ನಿರ್ಮಿಸಲು ನಿಶ್ಚಯಿಸಿದರು. ಆ ದೇವಾಲಯದ ನಿರ್ಮಾಣವನ್ನು ಕಾರ್ಯಗತಗೊಳಿಸಲು ರಾಣಿ ಶಾಂತಲಾದೇವಿ ನೆರವಾದಳು. ತಿರುನಾರಾಯಣರ ಮೂರ್ತಿಯ ಪ್ರತಿಷ್ಠಾಪನೆ ತಿರುನಾರಾಯಣಪುರಿಯಲ್ಲೂ ಹಾಗೂ ವಿಜಯನಾರಾಯಣನ ಮೂರ್ತಿಯ ಪ್ರತಿಷ್ಠಾಪನೆ ಬೇಲೂರಿನಲ್ಲಿ ವೈಭವದಿಂದ ಶ್ರೀ ರಾಮಾನುಜಾಚಾರ್ಯರ ಮೇಲ್ವಿಚಾರಣೆಯಲ್ಲಿ ಸಾಂಗವಾಗಿ ನೆರವೇರಿಸಲ್ಪಟ್ಟಿತು. ನಂಬಿನಾರಾಯಣನ ಪುನಃ ಪ್ರತಿಷ್ಠಾಪನೆಯೂ ತೊಂಡನೂರಿನಲ್ಲಿ ವಿಜೃಂಭಣೆಯಿಂದ ನಡೆದು, ದೇವಾಲಯದ ಜೀರ್ಣೋದ್ಧಾರವೂ ಸುಗಮವಾಗಿ ನಡೆಯಿತು. ಅದೇ ಕಾಲದಲ್ಲಿ ಚೋಳರು ತಮ್ಮ ರಾಜ್ಯವಿಸ್ತರಣೆಗೆ ಪದೇ ಪದೇ ಹೊಯ್ಸಳ ಸಾಮ್ರಾಜ್ಯದ ಮೇಲೆ ದಂಡೆತ್ತಿ ಬರುತ್ತಿದ್ದರು. ಒಂದು ಸಲ ರಾಜ ವಿಷ್ಣುವರ್ಧನನು ಅವರನ್ನು ತಲಕಾಡಿನವರೆಗೂ ಬೆನ್ನಟ್ಟಿ, ಸೋಲಿಸಿ ಹಿಮ್ಮೆಟ್ಟಿಸಿದನು. ವಿಷ್ಣುವರ್ಧನನ ಕೀರ್ತಿ ವೃದ್ಧಿಸಿತು. ಇದರ

ನೆನಪಾಗಿ ಶ್ರೀ ರಾಮಾನುಜಾಚಾರ್ಯರು ಸೂಚಿಸಿದಂತೆ ತಲಕಾಡಿನಲ್ಲಿ 'ಕೀರ್ತಿನಾರಾಯಣನ' ಮೂರ್ತಿ ಪ್ರತಿಷ್ಠಾಪನೆಯಾಯಿತು. ಹೊಯ್ಸಳ ಸಾಮ್ರಾಜ್ಯ ಆಗ ಉತ್ತರ ಕರ್ನಾಟಕದವರೆಗೂ ಹಬ್ಬಿತ್ತು. ಉತ್ತರ ಕರ್ನಾಟಕದ ಗದಗಿನಲ್ಲಿ ವೀರ- ನಾರಾಯಣ ಮೂರ್ತಿಯ ಸ್ಥಾಪನೆಯೂ ಕೂಡ ಶ್ರೀ ರಾಮಾನುಜರ ಇಂಗಿತದಂತೆ ನೆರವೇರಿತು. ಪಂಚನಾರಾಯಣರ ಪ್ರತಿಷ್ಠಾಪನೆಯಿಂದ ಶ್ರೀ ರಾಮಾನುಜಾಚಾರ್ಯರಿಗೆ ಪೂರ್ಣ ತೃಪ್ತಿಯಾಯಿತು.

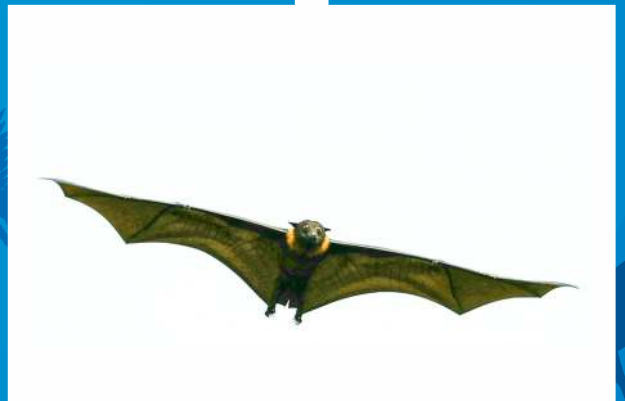
ಪ್ರತಿಷ್ಠಾಪಿಸಲ್ಪಟ್ಟ ಎಲ್ಲ ದೇವರುಗಳಿಗೂ ದಿನಗಟ್ಟಲೆ ನಡೆಯುವ ಆರಾಧನಾ ವಿಧಿಗಳು, ಪೂಜಾಕ್ರಮಗಳು, ವರ್ಷಪೂರ್ತಿ ನಡೆಯುವ ರೀತಿಗಳು-ತತ್ವಗಳು ಎಲ್ಲವನ್ನೂ ಗ್ರಂಥರೂಪದಲ್ಲಿ ದಾಖಲಿಸಿ ಜಾರಿಗೊಳಿಸಿದರು. ಇಂದಿಗೂ ಅದೇ ರೀತಿ ನಡೆಯುತ್ತಿದೆ.

ಯತಿರಾಜ ಶ್ರೀರಾಮಾನುಜರು ತಿರುನಾರಾಯಣಪುರದಲ್ಲಿ ಒಂದು ಮಠವನ್ನು ಸ್ಥಾಪಿಸಿ ಅಲ್ಲೇ ನೆಲೆಸಿದರು. ತಿರುನಾರಾಯಣರಿಗೆ ಉತ್ಸವಾದಿಗಳನ್ನು ನೆರವೇರಿಸಲು ಉತ್ಸವ ಮೂರ್ತಿ ಇಲ್ಲವೆಂಬ ಚಿಂತೆಯಲ್ಲಿದ್ದಾಗ, ಆ ಮೂರ್ತಿ (ರಾಮಪ್ರಿಯ), ದಿಲ್ಲಿಯ ಬಾದಶಹನ ಬಳಿ ಇರುವ ಸಂಗತಿ ಸ್ವಪ್ನಮುಖೇನ ಆಚಾರ್ಯರಿಗೆ ತಿಳಿಯಿತು. ಒಡನೆಯೇ ತಮ್ಮ ಕೆಲವು ಶಿಷ್ಯರುಗಳನ್ನು ಜೊತೆಯಾಗಿಸಿ ಕೊಂಡು ದೆಹಲಿಗೆ ಹೋಗಿ ಉತ್ಸವ ಮೂರ್ತಿಯನ್ನು ಕರೆತಂದರು. ಉತ್ಸವ ಮೂರ್ತಿಯನ್ನು "ಶೆಲ್ವಪಿಳ್ಳೈ" ಎಂದು ಕರೆದರು. ಶೆಲ್ವಪಿಳ್ಳೈಗೆ ನಿತ್ಯೋತ್ಸವ, ಪಕ್ಕೋತ್ಸವ, ಮಾಸೋತ್ಸವ, ಸಂವತ್ಸರೋತ್ಸವಾದಿಗಳನ್ನು ನಡೆಸಲು ಏರ್ಪಾಡು ಮಾಡಿದರು. ಮೇಲಿನ ಎಲ್ಲ ಸಂಭವಗಳಿಗೂ ಮೇಲುಕೋಟೆಯೇ ಕಾರಸ್ಥಾನವಾಗಿತ್ತು. ತಿರುನಾರಾಯಣಪುರವೇ ಅವರ ಸಾಧನ ಕ್ಷೇತ್ರವಾಯಿತು, ಅದೇ ಅವರ ಕಾರ್ಯವೈಖರಿಯ ಸಾಕ್ಷಿಯಾಯಿತು. ಶೆಲ್ವಪಿಳ್ಳೈಯು ಅವರಿಗೆ ದೇವರಾಗಿರಲಿಲ್ಲ, ಪ್ರೀತಿಯ ಅಕ್ಕರೆಯ ಪುತ್ರನಾಗಿದ್ದರು. ಸುಮಾರು 12-13 ವರ್ಷಗಳು ಅವರು ಅಲ್ಲಿಯೇ ನೆಲೆಸಿದರು. ಕಾಡಾಗಿದ್ದ ಆ ಪ್ರದೇಶವನ್ನು ಊರನ್ನಾಗಿ ಪರಿವರ್ತಿಸಿ ಎಲ್ಲರಿಗೂ ವಸತಿಯನ್ನು ಏರ್ಪಾಡುಮಾಡಿ, ಅವರುಗಳು ಭಗವಂತನ ಕೈಂಕರ್ಯಗಳನ್ನು ನಿಶ್ಚಿಂತೆಯಿಂದ ಮಾಡಲು ಎಲ್ಲ ಸೌಕರ್ಯಗಳನ್ನು ಮಾಡಿಸಿಕೊಟ್ಟರು.

ಯತಿವರ್ಮರಾದ ಆಚಾರ್ಯ ಶ್ರೀ ಭಗವದ್ರಾಮಾನುಜರು ವಿಶಿಷ್ಟಾದ್ವೈತ ಪ್ರತಿಪಾದಕರಾದರೂ, ಅನ್ಯಮತವನ್ನು ದ್ವೇಷಿಸಲಿಲ್ಲ. ರಾಜನಾದ ವಿಶ್ಣುವರ್ಧನನು ಶ್ರೀವೈಷ್ಣವ ಮತವನ್ನು ಸ್ವೀಕರಿಸಿದರೂ, ವಿಶಿಷ್ಟಾದ್ವೈತ ಮತ ಸಿದ್ಧಾಂತಗಳನ್ನು ಒಪ್ಪಿಕೊಂಡು ಆಚಾರ್ಯ ಶ್ರೀ ರಾಮಾನುಜರು ಎಂದೂ ಅವನಿಗೆ ಯಾವ ಒತ್ತಡವನ್ನು ಹಾಕಿರಲಿಲ್ಲ. ಆದರೇ ರಾಜನೇ ಆಚಾರ್ಯ ಶ್ರೀ ರಾಮಾನುಜರ ಎಲ್ಲ ಕಾರ್ಯಗಳಿಗೂ ಸ್ವತಃ ಸಹಾಯ ಹಸ್ತ ನೀಡುತ್ತಿದ್ದನು. ತಿರುನಾರಾಯಣರ ಉತ್ಸವಮೂರ್ತಿಯನ್ನು ಕರೆತರಲು ಶ್ರೀ ರಾಮಾನುಜರು ದಿಲ್ಲಿಗೆ ಹೊರಟಾಗಲೂ ಅವರ ರಕ್ಷಣೆಗಾಗಿ ತನ್ನ ಅಂಗರಕ್ಷಕ ಪಡೆಯನ್ನು ಕಳುಹಿಸಿಕೊಟ್ಟಿದ್ದನು.

ಮುಂದುವರೆಯುವುದು...

Nature's Aviators



Nature's Aviators



Lockdown Times – A Boon in My Life



When the whole world was inquisitive about the vaccine to overcome the pandemic, I was anxious about my new offspring expected to come in April 2020. The pregnancy period of my wife passed without any significant incident. It was a pleasurable moment to feel the movement of baby inside the belly of the mother. Indirectly I too used to share the pangs of sweet pain of childbirth.

As luck would be, the pandemic, which was a curse worldwide, was in fact, a boon in my life. I was instructed by my company to work from home, I was given a lot of cushion to be with my

M.S.Vikram

S/o M.S.Vijaya Narayan

Mandyam Thondanoor(Shirasthadar) family

pregnant wife assisting her in all the chores. As D day arrived, I was pacing heaven to earth for the result, more anxious than an IAS aspirant. Finally, as scheduled on the 7th of April 2020, my apple of the eye, beloved ViharikaAthrey came down to earth from heaven. By god's grace, it was a natural childbirth without any hassle and complications.

As I was working from home, I was able to monitor and watch her growth from day 1 onwards and I fully enjoyed the responsibility of parenting. I realised how the bonding develops between father and daughter. I could visualize the thread of bonding between child and the parents.

There is also a dark lining for every silver cloud, which means that there was a ban for movement of vehicles intra district due to lockdown. My parents were in Bangalore whereas my wife was in her mother's house at Mysore. Shuttling between Bangalore and Mysore during the traffic restrictions and permits was managed by me with lot of prudence. However, I could travel intra district with zero traffic, which was another blessing.

Getting the basic toiletry and miscellaneous items was a nightmare as all the malls and infancy stores were completely locked during the pandemic lockdown phase I & II. With all these challenges, we managed to bring up the child into a healthy baby with normal growth. Thanks to my parents, in-laws and my wife for all the efforts and endurance they put up during the crisis period.

My heartfelt thanks to friends and relatives for sparing the essential and vital items for the new baby and mother during the crisis. Now there is girl who stole my heart, she calls me Ayya.

Pressures on the Healthcare System

-Ramya Jayasimha



The past year has been a very difficult and different one. The COVID 19 pandemic caused by the SARSCoV 2 virus has caused a drastic change in the way that we live our lives, and no area more so than healthcare.

It has been surreal seeing the world change so drastically. Being in lockdown with the rest of the world was a very weird experience. We could not travel, meet our loved ones or even

get out of the house, and the feeling of being cooped up was oppressive at times. However, I felt like there were some positives to appreciate. There was finally time to learn some new skills, reconnect with those I hadn't spoken to for a while, and to just appreciate the stillness of life for a while.

As a postgraduate doctor [MD Microbiology] working in Victoria hospital right now, I got to witness the first-hand effects of this unprecedented situation. Victoria was designated as a fully COVID hospital last February. I have been involved in screening, diagnosis, in the VRDL lab, conducting RTPCR, antigen testing and research.

This has been a situation that nobody ever expected to face in their lifetimes. All the theory about pandemics in our textbooks has suddenly come to life. The sheer number of people requiring ICU care was overwhelming both logistically and emotionally. One thing that lockdown accomplished was that it gave the healthcare system time to step up the infrastructure to meet the demand. The lab at Victoria, which initially used to process a hundred samples per day, now processes upwards of five thousand from all over Karnataka.

Wearing PPE and working was challenging. Six hours with no breaks in an extremely hot and sweaty suit was frustrating. We would frequently get bruised noses at the end of our shifts due to the airtight N95 masks, and our hands were constantly chapped due to sanitizer. The PPE consisted of 3 layers of jumpsuits and aprons and took around 30 minutes to get on and off. Apart from that, quarantining from my own family

while doing COVID duty was tough. Constant video calls were a lifeline to the outside world.

The frustration of working in such conditions, to then be met by lax attitudes like, the virus “isn't that serious” or “we'll get over it”, is frustrating to say the least. Over 11 million people have been affected in India with over 158 thousand deaths, of which my grandfather has been one. The situation may be experiencing a short lull, but it is by no means an excuse to stop being alert.

If there is one thing that we have learnt from the last year, it is that the world can change at any time. I urge everyone eligible to take the vaccine, continue personal precaution, maintain distancing measures, and be constantly vigilant.

(This article was written before the second wave, as the reader may realize)

Virtual Classes in Covid Era

-Mythili Srinivas

I always feel proud of my profession. It is the only profession which gives rise to all other profession. We teachers never work for the income but for the outcome.

The Pandemic times were a learning for all teachers to jump into the world of virtual teaching - which was totally unknown and unheard (at least in our country.) In my case, it was a blessing in disguise that my 2 grown-up son's (doing their masters & bachelors respectively) were at home because of the same reason. They were my actual teachers. It was like training the trainer. My house became a workshop for everyday learning. Even my husband, a banker, helped me to understand excel sheets.

Though I had the experience of using smart boards at school, some things were totally new. No doubt we were given some training from the Institution, before we started the online sessions. But the actual challenges were known, only when we started the sessions on our own. At that stage, my sons were of help. Right from “share screen, work on multiple tabs & switch to audio/video, supervising the multiple students while teaching, doing power point presentation innovatively, conducting quizzes, games using the keys provided by zoom etc., I learnt it all & can now operate smoothly. All these made me more confident, changed my perspective towards others, and made me more humble, more humane. It was fun being a student to your own children.

More astonishing is that fact that today's kids of age 10-12 (the age group whom I teach-grade 6 & 7) are smart & tech-savvy but lag behind in spellings, are unable to comprehend properly, have short memory and their handwritings are not legible. They lack social skills and shy away by distancing themselves from others and more & more kids are turning into introverts! Maybe these are the most annoying impacts that these electronic gadgets have on growing kids.

To sum up, it is an advantage for students as virtual classes

provide flexibility, anonymity, accessibility & mobility to name a few major points. Similarly it is a disadvantage for teachers, as the major concern is the quality of effective learning suffers, internet connection can have issues, smooth flow of teaching is disrupted because of technical glitches, time consuming / wastage of time because of lack of computer skills, rise in dishonesty of students (both in live classroom sessions & in tests & exams), minimal supervision etc.,

The common factors which both teachers & students miss are, meeting each other face-face, giving high-fives, exchange of books, playing team games, exchange of lunch boxes among children, patting as part of appreciation, hugging as part of care & concern, basically the personal touch & personal attention which have taken a back seat and are the most significant elements in schooling & growing years of children that connects individuals emotionally. However, once the rapport is built in any relationship, all other things will fall in place automatically.

Hopefully coming days will bring about changes and help us to bridge the wide gap made in this so called COVID era.



Health Care Management During The Pandemic

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Being in the health care management sector for almost two decades, we knew that this lockdown costs more lives and the functional capacity of others will be crippled. I am sharing my professional experience

during this Pandemic. As there was a deluge of information from the internet and social media, the situation was well providing us clues for better preparations. Initially, I was involved in collecting all the protocols and guidelines from different websites, which were modified multiple times by the ICMR, WHO, MOHFW web portals, just to understand the mammoth wave of a pandemic that would strike different parts of the world.

In the working arena, I was accustomed to interacting with 400-500 people like students, colleagues, office staffs, front line health care workers on day-to-day basis. Suddenly, order from the university head to work from home was a blessing in disguise. We wanted to utilize this opportunity to enhance knowledge, skills, and ability. Being in the academic sector was an added advantage. We attended numerous webinars almost spending 12-15 hours per day on different topics of health care management.

Teaching and providing professional management lectures became real-time and online. This allowed exploring different platforms like zoom, teams, CiscoWebEx, google meet, etc. Practically from the physical mode of teaching, we started operating real-time online mode education, catering to different parts of the Indian sub-continent where our students would log in and listen. The synchronized and Asynchronized mode of educating was a delight and convenient too.

To my surprise, I was nominated for the induction program in-charge of my institute. We conducted this series of health care management programs with multiple international delegates. Since no travel and no Facility arrangements were required, the event was cost-effective, efficient and time management was appropriately performed.

On the 25th of March 2020, when the Indian government gave a green signal for telemedicine to be functional, a whole box of ideas opened. There were numerous possibilities for us to explore.

We attended the webinars, training for doctors conducted by the Ministry of health to understand the Nitty-Gritties and how to practice telemedicine. The passion for telemedicine made us undertake this as a project. We knew there is no end to the madness of science and technology in this digital world. To commission telemedicine in a superspecialist hospital, we got

immersed in resource allocations, vendor analysis meetings, techno commercials, auditing, scientific expert inputs, and advisory body member as a representative. We attended training programs as a doctor and as hospital administrator also. This was bliss and enjoyed every moment of the technical encounters.

We conducted webinar series on telemedicine and this is now available on YouTube. We had sown the seeds of telemedicine and digital technology to our MBA-HHM students who 16 of them took Summer internship projects in the telemedicine sector in different parts of India. The excitement became a blast when these students delivered deliberations on telehealth and telemedicine for 3 long days with the theme "Distance does not matter, India Emerging as a leader in telemedicine". Post webinar, we wrote research papers, journal articles for publications on international websites.

Our organization took a call to make sure we work on the campus on online mode from November 2020 and our students are still working from home mode. This gave us more time to prepare teaching aids like ppt Presentations, attend and anchor webinars every Saturday with technology in a cutting-edge model. We planned and participated in webinars and invited stalwarts to provide inputs on Artificial Intelligence and Machine learning, Internet of things, Wearable devices, Organ donation, Robotics and automation in health care, Remote consultations with specialists, targeted treatments, and the availability of intuitive mobile apps, Big data analysis, etc.

On the professional growth, redefining ourselves with different training programs, the capacity building gave us the opportunity to remotely attend the confidential meetings which were conducted by the MOH and health authority of India. The Government of India had roped us for auditing the health care facility during the pandemic to see for the seamless functioning of the hospital. With WHO and MOHFW collaboration, these confidential online training programs were given to many health care quality auditors for redefining and understanding the new normal

Being a technocrat, we executed to optimize our resources to hop and jump from one web portal to another to teach Master of business management students, Masters of public administration, and distance education students too. The versatility aspects being a Faculty of management, we redefined our thought process to understand, assimilate newer dimensions of Business communication, Talent management, Business intelligence, Health insurance, and Quality and Accreditation in health care. Playing with different fields of health care management and getting a taste of this combo offer, we worked on the students' projects, dissertations, articles, and research papers at odd hours. Conducting exams on a virtual platform was a challenge. With

the help of IT support, term end exams were conducted seamlessly and results declared online.

The outcomes were numerous e-certificates on topics related to newer innovations and transformation in health care as a service sector. Faculty development programs gave us insights into the incorporation of internationalization.

The research was the stepping stone during the Pandemic. Since hospital protocols were laid, structured data was available regarding hand wash hygiene, personal protective device usage, and hospital-acquired infections where we analyzed and interpreted for documentation purposes and utilized it for Scopus, high impact research paper publications.

As the world is one family, in this digital era, managing others' lifestyles, diseases, disorders, and disabilities and contributing to the health and safety of the needy gave intense joy and satisfaction. Practicing evidence-based Medicine and evident based medicine to provide high quality care is the need of the hour. Mind and muscle are alike, the more you use them the

stronger they become. The new normal enhanced our capabilities and made us "Athmanirbhar".



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Intensive Interning in the Pandemic

- Divya M.A

13th March 2020, we friends said bye to each other thinking we would meet after a relaxing week. Working tirelessly for years, we thought a week off would seem like a year off. But hey wait... Who knew that would actually turn into one year? For the millennials or the Gen Z, it is Before Corona(BC) and After Corona(AC), pre lockdown and post lockdown, who knew we such terms existed?!

The whole world experienced it in a way while the healthcare professionals faced it in another. Surgeries, cardiology, nephrology, the lines between the department all became a blur, the departments got combined and had to work as a single unit against the virus. Outpatient department were empty while all of them who came had to get temperatures checked, nose and throat swab done, the routine checkups changed overnight. The doctor patient relation now had a distance of 6 feet. Treating patients became monotonous as all of them had to be treated for the virus now. All other diseases seemed non-existent for that period.

Breathing fresh air freely looked like a crime as everyone was masked up, removing the mask in open space was looked down upon and pure air was supplied through oxygen tanks. For us, the outside weather did not seem to bother much as wearing the PPE kit made it feel like desert weather. In a weird sense, life had come to a standstill though the virus was making its progress rapidly. Day after day, treating patients with the same medicines - some made it through while some did not. We had to keep all our emotions aside and treat the patients, imagining ourselves to be a robot.

Without any set guidelines, no idea about what new we would discover the next second about the disease, we continued to put in our efforts. Seeing so many people lose their lives every day was a harsh reality. Sleepless nights, countless doctors,

continuous monitoring, various medications and endless prayers, we hoped all this would save the patient and they go back to their homes to experience the new normal.

What we thought would end in the year 2020 has extended upto the next year. Being up close in this situation makes me scared and yet thankful that my close ones and I are safe and healthy currently. Being at home and doing nothing is what we all wished for I guess, but who knew it would happen this way right? Probably we have to find our silver lining on every cloudy day; I guess this is the time to do it.

The things we thought were a curse are the same things which are bringing us close at this point of time. Video calls and interaction with patients, their family members and our own family members is now the new way of interaction. I guess suddenly all the age old Indian traditions of washing hands and legs as soon as we enter the house, changing our clothes and doing the traditional Namaste made perfect sense. I guess the new normal, instead of a hi and a hug, is Namaste now!





ಒರು ವರ್ಷಮಾ ಎಲ್ಲರುಕ್ಕುಂ ಪೋರುಮಾಯಿ ಪೋಯಿಕ್ಕರ್ನ್. ಎನಕೊತ್ತೀಕೇ ಅನ್ನ್, ಎಂಗಡೇ ಹಾತುಪಾಳಕ್ ಮಟ್ಟುಮೇ ಅನ್ನ್, ಎಂಗಡೇ ಸಮುದಾಯತ್ತಕ್ಕುಮೇ ಅನ್ನ್, ನಮ್ಮಡೇ ಊರುಕ್ಕೇ ಅನ್ನ್, ನಮ್ಮಡೇ ರಾಜ್ಯತ್ತಕ್ಕೇ ಅನ್ನ್, ನಮ್ಮಡೇ ದೇಶತ್ತಕ್ಕೇ ಅಲ್ಲಾದೆ, ಪೂರ್ತಿ ಪ್ರಪಂಚತ್ತಕ್ಕೇ “ಒರು ವರ್ಮಾಚಿ, ಇನ್ನೂ ಎತ್ತನೇ ನಾಳಪ್ಪಾ ಇಪ್ಪಡಿ” ಅನ್ನಿಚ್ಚಿಪೋಯಿಕ್ಕರ್ನ್.

ಯಾರೋ ಒತ್ತೊಂ ಮುಟ್ಟಾಳೊಂ ಪ್ರಯೋಗಾಲಯತ್ಲೆ, ಅಂದ್ “ಕರೋನಾ” ಕ್ರಿಮಿಯೆ ಕಂಡುಪುಡಿಚ್ಚಿದೋ ಪೋರೊಂ, ಇಂದ್ ಮಾದ್ರಿ ಒತ್ತಾಳನ್ನೊ ಒತ್ತಾಳಕ್ಕು ಪರಡರದೂ ಪೋರೊಂ, ಎಂಗ್ ಅಂದ್ ಅಂಟುರೋಗೋ ನಮ್ಮಳಕ್ಕು ವರದೋ ಅನ್ನುಟ್ಟು ಭಯತ್ತಿನ್ನೊ ಜೀವಿಕ್ಕಿರದೂ ಪೋರೊ, ಇಂದ lockdown ಅಂತೂ ಪೋರಮೇ ಪೋರೊಂ.

ಎಂಗಡೆ ಹಾತ್ಲೇ ಅಂತೂ ಒರು ವಾರುಷಮಾ ನರಿಯಾವೇ ಜಾಗ್ರತೆಯಾ ಕೋವಿಲ್, ಒಚಿಟಿಟಿ, ಅಡಿರಿಪಿಜಜಿ ಒಚಿಡಿಇಜಿಣ, ನರಿಯ ಗುಂಪುಲೇ ಪೋಹಾದೇ, ಟೂರ್ ಗೀರ್ ಅನ್ನುಟ್ಟು ಊರು ಚುತ್ತಾದೆ, hotelಲಕ್ಕು ಪೋರದಿಕ್ಕುಟ್ಟೊ, ಅಂಗತೀ ಸಾಪಾಡ್ ಹಾತುಕ್ಕು ಕೊಂಡಿಕ್ಕಾದೇ ಇರುಂದೋ. ಇದು ಪೋರಾದೇ ಅಂಟು, ಹಾತಲೇ, “ಕರೋನಾ” ವರಾದೇ ಇಕ್ಕುರುತ್ಕ ಮಳಹು, ದಾಲ್ಪಿನ್ನಿ, ಲವಂಗೊ, ಇಂಜು ಪೋಟು ಟೀ ಪಣ್ಣಿ ಸಾಪಟೊಂ.

ಇತ್ತನೆ ಎಲ್ಲಾ ಜಾಗ್ರತೆ ವಾಂಕೊಂಡಾಲೊ, ಒರು Functionಕ್ಕು ಪೋಯಿಟ್ಟು ಹಾತಕ್ಕು ವಂದೋಂ-ಅತ್ತನೆಯೇ! ಎನಕ್ಕೂ, ಎಂಡೆ ಯಜಮಾನರಕ್ಕೂ Corona +ve ವಂದೇ ಉಡುತು. ರೊಂಬವೇ ವಿಚಿತ್ರಮಾನ ರೋಗೋ ಪಾ ಇದು. ಯಾರಕ್ಕೂ ವರದು ವಾಂಡಾಪ್ಪ. ಇದು ಒರೊ ಸಾಮಾನ್ಯ ಜ್ವರೋ ಅನ್ನು. ಅತ್ತೋಡೆ ಗಂಟಲು ಹಿಂಸೆ, ಓದೋ ಒರು ಥರಾ ಸಂಕಟೊ, ಸುಸ್ತಂತೂ ಕೇಕವೇ ವಾಂಡಾಂ. ಮಡಪಳ್ಳಲೆ ಕಾಫಿ ಚೇಕ್ಕುರುತ್ತಕ್ಕೊಂ ಕುರ್ಚಿ ಪೋಟ್ಕೊಂಡು ಪಣ್ಣುಕೊಂಡಿದೆ. ನರಿಯಾ ಪೋರು (10 ನಿಮಿಷೋ) ಉಕ್ಕಾರತಕ್ಕೊ ಆರ್ದಿಲ್ಲೆ, ನಿನ್ನೂರತಕ್ಕು, ನಡಕರತಾಕ್ಕಂತೂ ಆರ್ದೇ ಇಲ್ಲೆ. ಸರಿ ತುಂಕೋಲಾ ಅನ್ನಾಕ, ತೂಕೊ ವಂದಾಕ ಸರಿ, ಇಲ್ಲಂಟಾಕ ಒರೇ ಸಂಕಟೊ ವಂದು ಮುದುರುಕೊಂಡೇ ಇಕ್ಕಲ್ಲಾಂ ಅನ್ನಿಕ್ಕಿರ್ನ್. ವಾಯೆಲ್ಲಾ ಒಣಂದುಟ್ಟು ಗಂಟಲಿನ್ನೊ ಹೊಟ್ಟೆಮಟ್ಟುಮೇ ಒಣಂದು ಒಣಂದು ಪೋರನ. ಸಾಪಾಡು ತಿಂಡಿ ಒನ್ನೊ ಸಾವಡರತಕ್ಕೇ ಆರ್ದಿಲ್ಲೆ. ರಂಡು ಇಡ್ಲಿ ಇಲ್ಲೆ ಒರು ದೋಲೆ ಅತ್ತನೆಯೇ ಕಷ್ಟೊ ಪಟ್ಟು ಸಾವಟಾಕ ಜಾಸ್ತಿ.

ಹಾತ್ಲೇ ರಂಡೇ ಪೇರು ಇರಂದುಟ್ಟು, ರಂಡು ಪೇರುಕ್ಕೊ “ಕರೋನಾ” ವಂದುಟ್ಟಾಕ ಅಂತೂ, ರೋಂಬವೇ ಕಷ್ಟೊ. ವೇರೆ ಯಾರೋ ಹಾತಕ್ಕು ವರಪ್ಪಡಿ ಇಲ್ಲೆ, ಕಾರ್ಯತ್ತವಳಂತೂ, first wave ಲೆಯೇ ನಿಲ್ಲಿಚ್ಚಾಚಿ. ಇಂದ್ ಒಡಂಬು ವಚ್ಚಿಕೊಂಡೇ ನಾಂಬಳೇ, ಪಾತ್ರೋ ವಳಕ್ಕಣೋ, ನಾಂಬಳೇ ಹಾಂ ಪೆರಕಿ ಮಳುಹಣೊ, ತುಣಿ ತೋಚ್ಚಿಕೋಣೊಂ, ಅತ್ತನೇ ಅಲ್ಲಾದೆ ತಳಹೇ ಕೂಡ ಪಣ್ಣಣೊ. ಅಬ್ಬಬ್ಬಾ !

ಅದಾಚಾ ! ಎಂಡೆ ಯಜಮಾನರಕ್ಕು “ಕರೋನಾ +ve” ವಂದಾರದೊ, BBMPವಾ ರಾತ್ರಿ ಪತ್ತಾಂ ಮಣಿಲೇ phone ಪಣ್ಣಿ “ನಿಮಗೆ ಜ್ವರ ಇದೆಯಾ? comorbiditis ಇದೆಯಾ? ಹಾಗಾದರೆ ಈಗಲೇ ಚಿಟಿಫಣಾಚಿಟಿಫಿಜ ಕಳಿಸುತ್ತೇವೆ, ಫಿಫಿಟಿಚಿಟಿಚಿಟಿ ಚಿಟಿಫಿ ಆಗಬೇಕು” ಅನ್ನುಟ್ಟು, ನಂಬಳಕ್ಕು ಒಡಂಬು ಸರಿಯಿಲ್ಲೆ. ಎತ್ತನೆ ಮಟ್ಟಕ್ಕು ಅನ್ನಾಕ ವೇರೆ ಯೋಚನೆ ವರವೇ ಇಲ್ಲೆ, BBMPವಾ ಎಂಗಳಕ್ಕು ಯೋಚನೆ ಪಣ್ಣರತಕ್ಕೊ time ಕುಡುಕವಿಲ್ಲೆ. ಸರಿ ಅನ್ನೋ. ಅವ ರಾತ್ರಿ 12.30ಕ್ಕೆ ambulance ಅನಿಪಿಚ್ಚಿ ನಾನು ಅವರೋಡೆ ಪೋರಪ್ಪಡಿ ಇಲ್ಲೆ, ambulanceಲೆ ಅವರು ಮಾತ್ರೋ ಪೋಯಿ admit

ಆನಾರ್. Government hospitalಲ್ಲೆ ನನ್ನಾವೇ treatment ಪಣ್ಣಾ.

ನಾನು ಕರೋನಾ +ve ಇರಂದಾಲೋ ಪೋಯಿ ಪಾಕ್ಕುರಪ್ಪಡಿ ಇಲ್ಲೆ. ಓದಿಂದಾಲೋ ಪೋನಾಲೆಯೇ. ಅಂಗ್ ಒರು ವಾರೊ ಇಕ್ಕಣೊ ಅನ್ನ್. ಒರು ವಾರತಕ್ಕು ತುಣಿ, ಪೇಸ್, ಬ್ರಷ್, ಸೋಪು, ಎಲ್ಲಾ ಅನಪ್ಪಿ ಅನ್ನುಟ್ಟು ಪೋನ್ ಪಣ್ಣಾರ್. ಯಾರ್ ಕೊಂಡು ಪೋಯಿ ಕುಡುಕ್ಕರಾ? ಕೋವಿಡ್ ಅನ್ನಾಲೇ ಎಲ್ಲರಕ್ಕೋ ಒರು ಥರಾ ಭಯೊ. ಅಪ್ಪರೊ, ಎಂಗಡೆ ಚಿಟುರಿಫಣಾಡಿ ಪಾಪೊ, ಒತ್ತುಕೊಂಡಾ. ಅಂದ್ ಬ್ಯಾಗೆ ರಡಿ ಪಣ್ಣಿ ವಾಷಲ್ ಮುನ್ನೆ ವಚ್ಚಿ ಕದವು ಚಾತುಟ್ಟಿ, ಅಪ್ಪರೊ ಅವೋ ವಂದು ಅಂದ ಬ್ಯಾಗ್ಗೆಲ್ಲಾ ಚಿಟುರಿಫಣಾಡಿ, ರಿಡಿಚಿಡಿ ಪಣ್ಣಿ, ವಾಂಕೊಂಡು ಪೋಯಿ ತಲಿಪಿಚ್ಚಾಂ, ಪ್ಯಣ್ಯಾತ್.

ಇಂಗ್ ಎನಕು ಮೊದಲೆಯೇ ಒಡಂಬ್, ಮನಸ್ಸು ಸರಿ ಇಲ್ಲೆ. ಅತ್ತೇಲೆ ಇಂದ BBMPಕಾರ phone ಪಣ್ಣಿ, “Madam, ನೀವೂ 60 ವಯಸ್ಸಾದ್ದರಿಂದ ಮನೆಯಲ್ಲಿ ಒಬ್ಬರೇ ಇರಬೇಡಿ, ನೀವೂ admit ಆಗಿ” ಇಪ್ಪಡಿ ಪೋನ್ ಮೇಲೆ ಪೋನ್ ಪಣ್ಣಿ ಪ್ರಾಣೊಂ ವಾಂಕೊಡಿರಂದ. ನಾನ್ ಎನಕ್ಕು ಕಡಿಮೆ symptoms ಇಂದು, ಜ್ವರೊ ಇರಕ್ಕವಿಲ್ಲೆ (ರಂಡು ನಾಳ್ ಜ್ವರೊ ಇರುಂದಾಪ್ಪೊ ಮಳಹು ಚಾತಂಬ್ ಪಣ್ಣಿ ಸಾಪ್ಪಾದೊ ಕಡಿಮೆಯಾಚಿ). ಆನತನಾಲೆ BBMPವಾಳೋಡೆ ಶಂಡೆ ಪೋಟು “ಏನ್ನೂ ಥಿಟಿಫಿಫಿಣಾಡಿ ಇಲ್ಲದೇ ಇರುವಾಗ ಚಿಟಿಫಿಣಾ ಆಗಲ್ಲ” ಅನ್ನುಟ್ಟು ಜಿಡಿಟಿಚಿ ಚೊನ್ನೆ. ಅಪ್ಪೊ ಎನ್ನೆ ಉಟ್ಟು, ಸದ್ಯ. ಒನ್ನೊ ಇಲ್ಲಾದೆ ಯಾರ್ ಆಸ್ತೇಲೆ ಪೋಯಿ ಅವಸ್ಥೆ ಪಡರಾ.

ಸರಿ, BBMPವ ಉಟ್ಟು ಅನ್ನಾಕ “ಆಪ್ತಮಿತಾ” ಪುಡಿಚುಕೊಂಡ. ಪೋನ್ ಆರೋ ಪೋನ್, ಕಾಲ್ ಪಣ್ಣಿ ಪಣ್ಣಿ ಕೇಟಿಂತ್ಯೇ ಕೇಟೊಂಡಿಂದ. “ಮನೇಲಿ ಎಷ್ಟು ಜನ ಇದ್ದೀರ, ವಯಸ್ಸೆಷ್ಟು, symptoms ಏನಿದೆ” ಇತ್ಯಾದಿ. ಇತ್ಲೆಲ್ಲಾ care ಪಣ್ಣಾಳಾ, ಪರವಾಯಿಲ್ಲೆಯೇ ಅನ್ಕುಂಡಿರಂದಾಕ, ಒತ್ತಾಳೊ ವರವಿಲ್ಲೆ, covid ಇಣು ಕುಡುಕವಿಲ್ಲೆ, ಒನ್ನೋ ಇಲ್ಲೆ.

ರಂಡಾ ನಾಳ್ ಆರೋ Government Hospitalಇನ್ನೊ ಪೋನ್ ವಂದು. “ನಾನು ಡಾಕ್ಟರ್ ಮಾತಾಡ್ತಾ ಇದ್ದೀನಿ, ನಿಮ್ಮ husbandನ condition ಸ್ವಲ್ಪ ಗಂಭೀರವಾಗಿದೆ. oxygen ಕೊಟ್ಟಿದ್ದೇವೆ. ಇನ್ನೂ condition worse ಆದರೆ, ಬೇರೆ ದೊಡ್ಡಾಸ್ತೆಗೆ, ಫಿಫಿಟಿ ಮಾಡಬೇಕಾಗುತ್ತೆ”. ಎಂಡೆ heart thumped. ನಾನು, “ನಿಮ್ಮ ಹತ್ತಿರ ಎಲ್ಲಾ facility ಇಲ್ಲವಾ?, ಇಲ್ಲಾ ಅಂದರೆ, ಈಗಲೇ ಶಿಫ್ಟ್ ಮಾಡಿ, serious ಆಗೋ ತನಕ ಯಾಕೆ ಕಾಯಬೇಕು?” ಅತಕ್ಕು ಅವ, “ಸರಿ ಹಾಗಾದರೆ, ವಿಕೋರಿಯಾ ಅಥವಾ ಕೆಸಿಜಿ hospitalನಲ್ಲಿ ಇದೆಯಾ ಅಂತ ನೋಡುತ್ತೇವೆ, privateನಲ್ಲಿ ಸೇರಿಸಬೇಕಾದರೆ, ನೀವೇ book ಮಾಡಿ, ambulance ತರಿಸಿಕೊಳ್ಳಬೇಕು.” ನಾನು ಸರಿ ಅನ್ನುಟ್ಟು, ಎಲ್ಲಾ hospitalಲ್ಲೆಯೋ ಪೊನ್ನೆಯೇ ಟ್ರೈ ಪಣ್ಣಾಕ, ಎಂಗೊ ಶಿಕ್ಕಾದೆ, ಕಡಶೀಕಿ Sparsh ಯಶವಂತಪುರ್ಲೆ ಬೆಡ್ ಶಿಕ್ಕೀತು. ಇಂದ್ ವಿಶಯೊಂ Government hospitalಕ್ಕು ಚೊನ್ನಾಕ, “ನಾವು ವಿಕೋರಿಯದಲ್ಲಿ ಭಿಜಜಿ ಫಿಫಿಟಿ ಮಾಡಿ ಆಯಿತು, ambulance book ಮಾಡಿ ಆಯಿತು, ಈಗ ಹೇಗೆ ಬೇರೆ ಫಿಫಿಟಿಚಿಟಿ ಕರೆದುಕೊಂಡು ಹೋಗುತ್ತೀರ? ಅದೆಲ್ಲಾ ಆಗಲ್ಲ.” ಅನ್ನೊಟಿ. ಅತುಕು ನಾನು “ನಮಗೆ ಈಗತಾನೇ Sparsh hospital ನಲ್ಲಿ ಒಂದು bed ಸಿಕ್ಕಿದೆ. ವಿಕೋರಿಯಾದು cancel ಮಾಡಿ. ನಾವೇ ambulance arrange ಮಾಡ್ತೀವಿ” ಅನ್ನುಟ್ಟು ಅವಾಳೆ convince ಪಣ್ಣಾರತುಕ್ಕುಳ್ಳೆ ಸುಸ್ತಾಯಿಪೋಚು. ಆವ, “ಹಾಗಾದರೆ, ಆ hospitalನಿಂದ bed book ಆಗಿದೆ ಅಂತ ಒಂದು letter ತರಬೇಕು.” ಅನ್ನ್. ಇತಕ್ಕೆಲ್ಲಾ ಓಡಿಯಾಡರತಕ್ಕು ನಾನು ಪೋರಪ್ಪಡಿಯೇ ಇಲ್ಲೆ. ಅಂದ Sparsh hospital ವಾಳೆಯೇ “ambulance with oxygen ಕಳಿಸಿ, bed book ಆಗಿದೆ ಎಂದು letter ಬರೆದು, ಅದನ್ನ ambulance driver ಕೈಲಿ ಕೊಟ್ಟು ಕಳಿಸಿ” ಅನ್ನುಟ್ಟು ಏರ್ಪಾಡ್ ಪಣ್ಣೆ.

ಇನ್ನೊ ಅವಾಡೇ ಕಡೆಯಿನ್ನೊ action ಬಾಕಿ. ಎನಕೋ ಒರೇ tension,

ಇಂದ್ hospitalಕಾರ ಎನ್ನು ತಕರಾರ್ ಪಣ್ಣಾಳೋ, ಅಂದ್ hospitalವಾ ambulance ಅನಿಪಿಕ್ರಾಳೋ ಇಲ್ಲೆಯೋ, letter ಕುಡುಕ್ರಾಳೋ ಇಲ್ಲೆಯೋ, ambulance ಪರಡರತ್ನೇಕುಳ್ಳೆ letter ರೆಡಿ ಪಣ್ಣಾಳಾ, ಅಂದ್ ambulance driver ಅತ್ತೇ ಸರಿಯಾ ಕೊಣಂದ್ ಕುಡುಕ್ರಾನಾ, ಅಂದ letter government hospitalಲೆ ಒತ್ತುಕೊಂಡು ಇವರೇ ಅನಿಪಿಕ್ರಾಳಾ, ಇದೆಲ್ಲಾ ಬೇಗ್ ಬೇಗೋ ಆದಾ ? ಎಲ್ಲ government hospitalಲೆಯೋ ಅವ ಶೊನ್ನಪ್ಪಡಿ ನಾಂಬಳ್ ಕೇಕ್ಕೊಂಡು. ವೇರೆ option ಇಲ್ಲೆ. ಆನಾಕ, ಇಂಗ್ ನಾಂಬಳ್ ಅವಾಳಕ್ ರಡಿಜಜಡಿ ಕುಡುತ್ಕೊಂಡಿಕೊಂಡು “ambulance with letter ಬರ್ತಾ ಇದೆ. ಇವರಿಗೆ ಬಹಳ ಸುಸ್ತಾಗಿರೋದ್ರಿಂದ ಮಹಡಿ ಮೆಟ್ಟಲು ಇಳಿಯಕ್ಕಾಗಲ್ಲ. ಅದಕ್ಕೆ wheel chairನಲ್ಲಿ ambulanceವರೆಗೆ ಬಿಡಿ” ಅನ್ನುಟ್ಟು ಪೋನ್‌ಲೆಯೇ instruction ಕುಡುತೇ. ಸರಿ ಎಲ್ಲಾ ಸುಗಮವಾ ಇಪ್ಪೋವರುಕ್ಕೋ ಆಚಿ. ಒನ್ನೊ ತಕರಾರಿಲ್ಲಾದ್ ambulanceಲೆ ಇವರ Sparsh hospitalಲ್ಕು ಆಳೆಚ್ಚಿಕೊಂಡು ಪೋನ, ಅಂಗ್ ಇವರು ಚಿಜುಣ ಆನಾರ್.

ಇವರಕ್ಕು 5-10day ಇರಕ್ಕುಕೊಂಡು ಅನ್ನುಟ್ಟು ಚೊನ್ನ. ಅವರ್ ಅಂಗ್ ಚಿಜುಣ ಆನಾರಾ, ಇಂದ್‌ಕಡೆ ಎಂಡೆ ಪಣ್ಣಾಕ್ಕ್ Covid +ve ಆಯಿ ಜ್ವರೋಂ ಕಡಿಮೆಯೇ ಆಕ್ಕೊಂಡಿಕ್‌ವಿಲ್ಲೆ. ಆಸ್ಪತ್ರೆಕ್ ಚೇಕಲಾಂ ಅನ್ನುಟ್ಟು ಅರಣ್ಯಾಟುಚಿ ರುಚಿಕ್ ಪೋನಾಕ, ಅವ “ಕೂತಿರಿ, ಛಜಜ ಕಾಲಿಯಾದರೆ ಸೇರಿಸಿಕೊಳ್ತೀವಿ”

ಅನ್ನು. ಇವಳಕ್ಕು 10 ಮಾಸತ್ ಪಶಲ್ ಇಕ್ಕರ್ನಾ. ಪಾಪಾವೆಯೋಂ ವಚ್ಚಿಕೊಂಡು 1 ಮಣಿ ಕಾಲೊ ಕಾತಾಲೋಂ bed ಶಿಕ್ಕಾದೆ ಹಾತಕ್ ವಾಪಸ್ ಪೋನಾ. ಇಪ್ಪಡಿ ರಂಡ್ ವೀಶಿ ಆಚಿ. ಅಪ್ಪರೋ Sparsh ರಾಜರಾಜೇಶ್ವರಿನಗರಲೆ, special room with attendant ವಾಂಕೊಂಡು, ನಾನು ಅವಳೊಡೆ ಛಜುಟಿಕ್ ಪೋನೆ. ಇವಳಕ್ಕು ಖಗಿ, ರಥಧಿಂಜಟಿ ಎಲ್ಲಾ ಪೋಟಿಂದಾಕ, ಪಾಪಾವೆ ಅಪ್ಪಡಿ ಅಡತ್ತುಕೋರಾ.

ಒರು ಆಸ್ಪತ್ರೆಲೆ ಎಂಡೆ ಯಜಮಾನ್, ಇನ್ನೊರು ಆಸ್ಪತ್ರೆಲೆ ಎಂಡೆ ಪಣ್ಣ. ಎನ್ನು ಪರಿಕ್ಷೇಪ್ಪಾ ಇದು, ಪೆರುಮಾಳೇ. ಪಾಪಾವೆ ಪಾತ್‌ಕೋರ್‌ದ್ ಒನ್ನೋ ಸುಲಭೊ ಅನ್ನು, especially Corona +ve ಆಯಿ ಸುಸ್ತಾಯಿರಂದಾಕ. ನಾನೋಂ ಒರೇ ಬಿಸಿಯಾಯಿರಂದೆ. ಅವರಾಡೆ oxygen level ಎತ್ತನೆ ಇಕ್ಕರ್ನಾ, ಇವಳಾಡೆ ಜ್ವರೋಂ ಕಡಿಮೆಯಾಚಾ, ಅವರಾಡೆ ಡಾಕ್ಟರ್ ಎನ್ನು ಚೋಲ್ತಾ, ಇವಳೆ ಡಾಕ್ಟರ್ ಎನ್ನು ಚೋಲ್ತಾ, ಅನ್ನುಟ್ಟು. ಆನಾಕಾ, Sparsh hospitalಲೆ ರೊಂಬ ನನ್ನ treatment ಆಚಿ. ಪರುಮಾಳ್ಳೆ, ಡಾಕ್ಟರ್‌ಡೆ, ದಯೆಯಿನ್ನೊಂ ಇವಳೆ 6 ನಾಳಕ್ಕೆ ಡಿಸ್ಚಾರ್ಜ್ ಪಣ್ಣ, ಅವರೆ 12 ನಾಳ ಆರೋಂ ಡಿಸ್ಚಾರ್ಜ್ ಪಣ್ಣ. ಇವರ್ ಡಿಸ್ಚಾರ್ಜ್ ಆನನ್ನೀಕಿ ಎನಕೋ ಪಂಡಿಗೆಯೋ ಅನ್ನಾಪ್ಪಿ ಸಂತೋಷೊಂ.

ಅಂತೊಂ ನಾಂಗ್‌ಳ್, ಕರೋನಾವೆಯೋಂ ಗೆದ್ದು ವಂದುಟ್ಟೋಂ. ಇಪ್ಪೊ ಕರೋನಾಡೆ ಎತ್ತನೆ ವಿಷಯೋ ತೆರೆಯೋಂ ಅನ್ನಾಕ, ಎಂಗ್‌ಡೆ friends, relatives ಎಲ್ಲಾ ಎಂಗ್‌ಳೆ consult ಪಣ್ಣಾ. ಅತ್ತನೆ ಅನುಭವೋಂ ವಂದುಟ್ಟಿಕ್ಕರ್ನಾ.

Embracing Change to Build The New

- Geetha Kumar Paramakanthi
Pune

“The secret of change is to focus all of your energy, not on fighting the old, but on building the new”

With the COVID19 turning into a global pandemic in 2020, schools have completely shifted from offline to online. It was fun to take on to the digital platforms and marvel at the wonders of the computer era. Thanks to development in science and technology we can continue classes online.

As a teacher, I not only faced challenges but experienced some funny incidents too. Each day has taught me a new lesson. During offline school, we taught only the children, but online schooling is not restricted to children. I realized that I am teaching the whole family, who sit next to the child. The family member sitting next to the child joins us for the morning prayer session, lectures, etc. This made me realize that learning has no age bar.

At first, it was a challenge for all of us to accept the new circumstances. Among the challenges with e-learning were accessibility, affordability, flexibility, and more. For once, we teachers had become students. It was fun to learn the use of new technologies, apps and explore. We had to constantly keep the children engaged and on their toes. Gradually with time, things got streamlined. I must say it was all because of teamwork and support from higher authorities that we as teachers could plan, execute, control, and improve.

I also faced some disturbing situations. In the physical classroom, I never punished any child for his mistake, I corrected the mistake so that he would not repeat it. But in online classes, the parents who accompany the child would not sit quietly and if the child committed any mistake, they would beat and scold him in the class, due to which I felt helpless and sad. During the tests and exams, the parents were solving the questions to score more marks. This just meant that the

parents were spoiling their child's future. They gave more importance to marks and not the actual knowledge that the child had gained. Sometimes when the child was out of town, the parents used to attend the classes and when I called out the child's name, there was no response.

It was difficult to control the class and their parents. But gradually, the parents too started to understand and these days they motivate their children to learn more. After the lectures, they help the child search for additional information and also help them with activities and experiments. The children have been using technology effectively to improve their creativity. They can come up with out-of-the-box ideas. They have also started asking questions and finding their answers. I think this is the true essence of education - Learning, not for marks but to gain knowledge in a fun way. Today, all the parents are happy and now they are allowing their child to attend the class independently and ask queries on his own. I consider this to be my achievement.

In this pandemic situation, I feel that our children are the ones who have suffered the most. The pandemic has forced them to stay captive in their houses. They miss meeting friends and socializing. So, as teachers, we make sure that our children not only enjoy online school but even have fun and play games. We not only conduct regular academic classes but also fun activities like virtual picnic, New Year party, Krishna Janmashtami celebration, painting, dancing, and so on. And it is so refreshing to see those kids all dressed up and smiling. That motivated me to keep going, to give my best. This also taught me that our happiness does not depend on the world but only on ourselves.

As they say, “Change is the only constant and we must learn to embrace it”. Let us all embrace online class as the new normal and continue imparting knowledge.

Role of Hams in Covid – 19 First Wave

Sri T.S. Narasimhachar, VU3YIE.



Readers may be aware of Amateur Radio Operators world wide (called HAMs), with a slogan “ONE WORLD, ONE LANGUAGE”. HAMs are licensed with unique ID called Callsign by the concerned Governments and a separate frequency band is allocated to HAMs.

In India, the Ministry of Communications issues licence to individuals to set up radio transmitter and receiver and I, T.S.Narasimhachar (Tirupathi family) am a Ham with callsign VU3YIE.

Though mainly pursued as a hobby, HAMs play an important role during natural calamities like Floods, Earth Quakes, Tsunami, etc. When all communications fail due to power outage, collapse of communication towers, etc, HAMs can establish communication just with a HAM Radio set, a Battery and an Antenna, anywhere. In addition, HAM services are also employed to monitor Motor Rallies, crowd monitor in Melas, etc.

During the first wave of Covid 19, added with National Lockdown, our Honorable CM set up a Covid War Room in June 20 in Bangalore with officials from different government departments and also included HAMs as Master Wireless Controllers to assist them. The Indian Institute of Hams created a Covid War Group with HAMs willing to extend service to this cause with 3 sub groups – a) Master Controllers, b) Field Staff and c) Base Stations. A separate frequency in the ham band was allocated for this network and disclosed to group members only.

Field Staff (group b) would go round the city with full Covid safety gear, in their designated Wards and communicate about (a) Covid cases for immediate medical help or requiring hospitalisation and (b) about migrant workers and abandoned persons, in providing food. On receiving communication, either the nearby field member with stock of food and medicines or the Government Agency would reach the spot and give food, water, etc. and guide them to go to the nearby rescue camps.

As the Walkie Talkie of the Field Staff would not cover a long range, the nearby Base Station member (group c) staying at home (I was one in this group covering Yelahanka Ward), would relay the message to the War Room, which would be passed on to the concerned department. With this network, the affected persons were getting medical help within 20 mins, which saved many lives.

In appreciation of this service, the Government of Karnataka has issued Certificate of Appreciation to all the members of Covid War Group including me.



No Age Limit For Learning – A Lesson Taught By Covid19

By Varadarajan,

President Vokkarane Seva Trust

Ringing Bell / Clapping – Lighting Lamp

Covid19 the pandemic Lockdown opened with a sort of paid leave in the beginning for a few weeks between ringing bells / Clapping and lighting lamps that's from 22nd March 2020 to 5th April 2020 when it was just eat, relax & sleep.

After Lighting Lamp – The learning process

This is the time the seriousness of the situation was felt more, when the lighted lamp started burning my pocket plus staying at home was more difficult. This time

1. Entered kitchen & tried the olden day recipes that my Mom & sisters used to prepare especially the Lehyas. Learnt the art of preparing Ginger Lehya, Jeera Lehya and few other dishes.
2. Tried to understand the difficulties of under privileged

citizens and tried to provide ration kits in smaller ways.

3. Learnt conducting Webinars on Zoom Platforms, issuing E - Certificates on Google platform.
4. Conducted Webinars on Modiji's Mantra - Be Vocal for Local,
5. Attended Webinar on Healthy Lifestyle – Healthy Life by Dr. Anitha Mandyam
6. Attended Webinar on building Healthy Habits

I personally feel it was gain in terms of Learning and pain in terms of money flow.

I also gained in terms of spending quality time with family. Covid 19 taught us the lesson to convert every threat to an opportunity.

Vokkarane Seva Trust (Reg)
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Webinar
Healthy Lifestyle – Healthy Life
Ayurvedic View
 Date: 23rd Jan 2021 Time: 17.00 – 17.45 Platform: Zoom



Mr. M.V. Varadarajan, BE
 Environmentalist &
 President, Vokkarane Seva Trust
 Facilitator
 Meeting ID : 5949486388
 Password : 54321



Dr. Anitha M, B.A.M.S., M.D,
 Ayurvedic Consultant & Gynaecologist
 Former Professor & HOD,
 JSS Medical College, Mysuru
 Resource Person

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Webinar - Vocal for Local
 Date: 14th August 2020 Time: 16.30 – 17.15 Platform: Zoom



Mr. M.V. Aditya
 Kannada Film Industries &
 Executive, Vokkarane Seva Trust
 Facilitator



Mr. Varadarajan, M.V
 Environmentalist &
 President, Vokkarane Seva Trust
 Resource Person



Mr. Ram Srinivas
 Researcher,
 London School of Economics
 Resource Person

Giving and Sharing During Tough Times

The joy of giving and sharing is being experienced by all of us despite all the gloom around Covid. And a person who is actively doing and organising people to do it is, Sunayana Chatrapathy, daughter of Gayathri and Ramesh M.C, who has been working in the social sector for the last 7 years.



Children engaged with the learning kits

Presently she heads Makkala Jagriti, an NGO that works in the education space - enhancing the quality of learning in government schools, anganwadis and urban poor communities. As part of Covid relief efforts, Makkala Jagriti has designed a 'Learning under Lockdown' program for children of all age groups. This program adopts a multi-modal approach of offline and online means and is ensuring that 10000+ children continue to learn while their government schools/anganwadis remain closed. They have also provided dry ration kits to 5000+ families in the first wave and 8000+ in the second wave, and are continuously doing awareness campaigns on covid-precautions, vaccination, etc with 10000+ families.

The NGO is funded by contributions through <https://fundraisers.giveindia.org/projects/uninterrupted-learning-during-the-pandemic>.



As part of citizen's efforts in Malleswaram, Sunayana also started an initiative to support frontline Healthcare workers in and around Malleswaram - in KC General Hospital and 5 Primary Health Centres. This group raised funds to provide daily refreshments to 625 health workers who have been putting in long shifts in Covid wards. The initiative has been ongoing since mid April and still continues. The group has truly shown the power of community - how the community can come together in a crisis. The group also has 15+ volunteers to ensure a smooth Vaccination process at KC general. Another volunteer started a pick up and drop for elders in the area to get vaccinated. Most recently they thanked all the health workers through beautiful handmade thank you notes and cards.

Sunayana says, "It is heartwarming to see how everybody wants to do something for the other selflessly - especially in these challenging times".

Learning Through The Changes

- Vaishnavi Kumar Paramakanthi,
Pune



"The capacity to learn is a gift, the ability to learn is a skill, the willingness to learn is a choice." - Brian Herbert

As a student of grade 12, I can certainly say that this year our

willingness to learn, to educate ourselves has been immensely tested. Since the lockdown was announced last year, it has been a rollercoaster of emotions. In the beginning, we thought that this pandemic would last only a few months and so, we didn't bother much. But as it got extended, it gradually dawned upon us that this 'phase' would not end soon. We had to struggle right from adjusting ourselves to getting used to staying at home for a long time. There were a lot of changes all at once, and it was scary. The fear of uncertainty crept slowly and anxiety was at its peak.

Since Pune was a hotspot for nCoV, we had stricter curbs that lasted longer. In grade 11, I was so used to meeting friends, going to college, all the extracurricular activities, and of course, all the junk food that we ate after classes. Suddenly all of this stopped and it was difficult to stay at home, or even sit in one place for so long. We also had to get used to looking at our laptop screens for hours together. Initially, I used to get frequent headaches due to this. We had classes for eight hours a day and it was tedious to follow such a hectic schedule. Also, since all our exams were online, a lot of students would copy. As a result, there was no seriousness among us as it was easy to question the legitimacy of the results. In the traditional classroom, we often have a sense of competition since we could see other students working just as hard and giving answers, but in online classes, we were clueless about what the other students were actually up to. I also got so used to using my laptop to study that I would yawn every time I opened books. That was even my mantra to sleep.

But despite these drawbacks, I must say that this has also been an exhilarating experience. After a few days, when we got used to the whole stay-at-home situation, we started video calling friends. We played games like Dumb Charades, Skribbl, and Among Us online. Due to this pandemic, I also came in contact with my friends from second grade. We were all in the same class for five years and practically grew up together. But after that, we lost touch. We interacted via video calls and reminisced about the old times.

There were a few hilarious incidents too. Often, the students would simply log in, mute themselves and turn off their videos, but they wouldn't attend the lecture. At times, someone would forget that their mike was unmuted and they would carry on with their activities. During one such class, we heard a classmate sing a whole song before he realized he was unmuted. We also heard comments like "mom, the food is nice", or even students saying 'what a boring lecture' and instantly regreting it. But the best part was that the teachers were quite understanding. Every time they heard such a

comment, they would give us a break, make us play a game, or just crack a joke to lighten our moods.

I too am guilty of this. Once, I didn't want to attend the lecture since it was a doubt clearing session and so I logged in and simply placed my phone aside. At that time my mom and I were watching TV and I happened to comment "Kya sahi kapde hai yaar, mujhe bhi chahiye", which translates to 'those clothes are so good, I want that.' And alas! After a few seconds, I got a call from a friend saying my mike was not muted. Panicked, I immediately left the lecture. It was so embarrassing and funny at the same time. When I checked the messages on our friend group, there was a full-fledged debate going on about what I was watching, and it was so entertaining. Even the teacher laughed and joked about it. There have been many such humorous instances, and I feel all the students would relate to this.

This lockdown has also been a boon in the way that we had more time for self-studies. I also had time for other activities. I wanted to learn a musical instrument and so I took up guitar. Also, I started learning a new language – French.

This pandemic taught me a lot of things. The first was to not be afraid of change but to embrace it. I realized that no matter how difficult things may seem, it's always fine in the end. We just have to go through it, one day at a time. One major thing that I realized was the efforts that our teachers take. Since my mother is also a teacher, this was the first time I saw her taking classes. Right from making presentations, to finding innovative ideas to retain the interest of students, our teachers took so many efforts, and watching my mom work so hard made me realize how we take teachers for granted. After all, they are also humans and we need to respect them and appreciate their endeavour. In fact, during Teachers' day 2020, we were asked to perform something for our teachers online. We students then wrote a poem and recorded it. This too was a very unique and heartwarming experience. When it was played on teachers' day, all our teachers were so emotional and behind the scenes made them laugh till their stomachs ached. It felt so good to do something for them in return.

I even had to help my mom adjust and that's when I realized they are good at the use of technology. We easily say that it's difficult to teach them or explain it to them, but they too are quick learners. I can proudly say that today my mother is better than me at using technology and various applications. Yes, I got irritated in the beginning when she asked me to help her with little matters or when she panicked because of minute issues but isn't that what we children do too? Our parents never got annoyed with us just because we were asking a lot of questions. That's when I understood how patient they were and how blessed we are to have such amazing parents.

There were no extracurricular activities, and I have always been a multi-tasker. I cannot concentrate on my studies alone. I always have to have some competition or event side by side. This pandemic greatly tested my ability. I was constantly finding competitions online and participating in them. I attended elocutions, declamations, debates, and story writing

contests. In most of these, we had to record our audition and send it to them. I have always been confident at public speaking but only when I had a live audience as I could see their reactions and act accordingly. But this whole recording process was very new to me and it pushed me out of my comfort zone. It was an eccentric experience. My mom would record my audition and often we would start laughing in the middle because it was funny staring at each other. I have lost count of how many retakes I had to do for every audition.

Then the lockdown was lifted phase by phase and we gradually adjusted to the 'new normal.' We went to college for our practicals and met friends, did group projects and it felt like we were doing it all for the first time. We were elated, just like a toddler who had taken his first step.

Recently, there was a lot of debate on our board exams and entrances too. Our entrance exams were postponed due to the second wave and it was just announced that our boards have been cancelled. I never thought I could be happy and disappointed simultaneously but that is precisely what I felt when the news was declared.

Overall, it has been a very different, thought-provoking experience that forced us to shatter self-imposed glass ceilings, tested our patience and resilience, and improved us as human beings.

I'd like to conclude by quoting Walt Whitman, "Keep your face towards the sunshine and the shadows will fall behind you."

Focus During The Pandemic

- Arjun Mandyam Dhati



Just a few days into the second year of Pre-University, the Government announced a lockdown all over the country. Schools and colleges were closed.

Our college started with recorded videos of all the core subjects. Then, they kicked off

live classes online through video call. The important thing was maintaining a schedule and treating it like regular classes.

So, I started following a daily schedule. I used to wake up early in the morning and get ready for the online classes just like how I get ready for college. I made sure that I made notes for all the subjects. I followed a strict routine and even started exercising in the evenings in order to maintain physical fitness. I received complete support from all my lecturers since they had



arranged for doubt-clarifying sessions as well. Apart from that, I also connected with my classmates on video calls to do some combined study and solve problems. I maintained contact with all my friends through social media.

I never missed out on entertainment because my family made it a point to watch one movie every weekend together at home. My family supported me in every single way, be it buying the required textbooks or making my favourite snacks!

Though the experience was new to all, and the rigor was not equivalent to regular classes, I ensured that by having a disciplined lifestyle and concerted effort, I maintained focus through the pandemic.

My Online Learning Experience

- Aditi Narasimhan



The COVID-19 pandemic, which broke out in the early months of 2020, caused the entire world to come to a standstill. Schools, colleges and workplaces across countries were shut

down, and most things shifted online, including learning. Our 2nd PU classes had just begun a few weeks before the lockdown was announced. Our college decided to send us our lessons in the form of recorded videos as they were more convenient than live classes. They also set up a Learning Management System to provide study materials and help with clarifying doubts of the students. Additionally, we were given tests and weekly assignments to assess our knowledge of concepts.



Learning from home had its own advantages and disadvantages. It was easier to re-watch lectures that dealt with complex topics; on the other hand,

there were more distractions available online than in a classroom. The college atmosphere and competitive spirit were missed by us students. I ensured that I kept in touch with my friends regularly. It was also helpful to maintain some hobbies that were relaxing like journaling, drawing and practising music.

This past year made me realise the importance of offline classes and interaction with teachers and peers.